

BIG HOLLOW SCHOOL DISTRICT #38

26051 W. Nippersink Rd – INGLESIDE, IL 60041

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WEB SITE: www.bighollow.us

Big Hollow Primary School (EC-1)
(847) 740-5320
(847) 740-5332 Fax

Big Hollow Elementary (2-4)
(847) 740-5321
(847) 740-3795 Fax

Big Hollow Middle School (5-8)
(847) 740-5322
(847) 740-9021 Fax

SPORTS TRY-OUT PROCEDURES

1. A student must have an up-to-date physical before the first practice for a sport. Parents should have a physical scheduled with the doctor's office before trying out.
 - a. Coaches usually start practice the day after try-outs, which does not provide enough time for parents to schedule a physical once a player makes a team. The player would miss valuable practice time.
 - b. A physical is good for one year from the date recorded on the physical form.
 - c. Big Hollow offers an opportunity for physicals each May for a reasonable charge.
2. Uniforms will be distributed once sports fee is paid
 - a. The coach will collect a sport activity fee of **\$100** once try-outs are completed.
 - b. A refund only applies if a player quits prior to the first game. The player has approximately three weeks to practice and to become familiar with the grade eligibility rules prior to the first game. After the first game, no refund applies for that sport.
 - c. Students are responsible for the care of their uniform. Damage to or failure to return the uniform will result in a fee for the replacement of that uniform and another uniform will not be issued until this matter has been resolved.
3. In-school suspensions, out-of-school suspensions and detention during try-outs.
 - a. Students may not try-out if they have a detention, in-school isolation (ISI), out-of-school suspension(OSS) on the day of try-outs.
4. We are a member of Lakes Region Athletic Conference and their rule state:
 - * "A" team (8th Grade team) Basketball & Volleyball – May be any 7th or 8th grader
 - * "B" team (7th Grade team) Basketball & Volleyball –7th grader and under (see item 5)
 - * **Soccer and track is open to 6th, 7th and 8th graders.**

6 Quarter Rule in Basketball– A player may play as many as 6 quarters in the "A" and "B" game. Big Hollow refrains from using the 6-quarter rule, as the intent of this rule is to help the smaller schools in our conference.
5. We only open volleyball, basketball and cheerleading to 6th graders when we do not have enough 7th and 8th graders to fill the roster. If a coach determines that a team does not have a complete roster with the 7th and 8th graders after the first day of try-outs, then 6th graders will be allowed to try-out for the open positions.
 - a. Try-outs for the 7th and 8th graders will last a minimum of two days,
 - b. 6th grade try-outs could be less than two days.
6. **Interscholastic sports teams are competitive sports even though the sports are pay to play, so equal playing time is not part of this type of program.**

Detach and return to coach in order to try-out

Parent Signature

Athletes Signature