

Louisiana Delta Community College

Academic Affairs Master Syllabus

Course Name: NURSE ASSISTANT REFRESHER COURSE

Course Number: HCOR 1213

Credit Lecture hours: 3 **Credit Lab Hours:** 1 **Contact Hours:** 90

Textbook, Author, and Publisher: To be provided by College Campus

Instructor Information: To be provided by College Campus

Class Location: To be provided by College Campus

Course Description: The course is designed to allow a previously certified nurse assistant (CNA), the ability to recertify with the Louisiana Nurse Aid Registry of the Department of Health and Hospitals (DHH), following successful completion of the course. Omnibus Budget Reconciliation Act (OBRA) guidelines are presented as application of the nursing process in the management of clients with health alterations. This course meets minimum standards of theory/lab (45 hrs) and clinical (45 hrs) instruction as established by the DHH.

Prerequisites: validation of previous Nurse Aid certification

Co-requisites: None

Learning Outcomes:

On completion of this course, the student will be able to:

TECHNICAL STANDARDS: Students must demonstrate ability to meet the following technical/performance standards while receiving the instruction as outlined in course syllabus:

- a) Read and communicate orally and in writing using the English language.
- b) Hear with or without auditory aids to understand normal speaking voice without viewing the speakers face.
- c) Visually, with or without corrective lenses, observe changes in client's condition and actively participate in learning process.
- d) Utilize stamina, strength and psychomotor coordination necessary to perform routine practical nursing procedures at floor or bed level.
- e) Demonstrate use of gross and fine motor skills necessary to provide independent, safe and effective practical nursing care.
- f) Solve problems and apply critical thinking skills while providing safe and efficient client care.
- g) Interact with individuals/families/groups from various socioeconomic and cultural backgrounds.
- h) Adapt and function in a multi stressor environment while adhering to legal/ethical guidelines of the school, Louisiana PN Nurse Practice Act and clinical agencies.

Learning Outcomes continued:

Upon successful completion of this course, the student will be able to, with a minimum of 70%:

1. Demonstrate knowledge and skill in the following criteria identified by the Louisiana Department of Health and Hospitals' Louisiana Register and the Omnibus Budget Reconciliation Act (OBRA) as guidelines for Nurse Aide Training:
 - a. Appropriate communication and interpersonal skills.
 - b. Basic concepts of infection control
 - c. Safety and emergency procedures, including identifying clients at risk for falls
 - d. Basic nursing skills, including but not limited to bed-making, taking vital signs, measuring height and weight, caring for the resident environment, measuring fluid and nutrient intake and output, assisting in the provision of proper nutritional care, ambulating, transferring, using body mechanics, maintaining infection control and safety standards, attaining/maintaining proficiency in CPR, caring for residents when death is imminent and recognizing abnormal signs and symptoms of common diseases and conditions.
 - e. Basic personal care skills including, but not limited to bathing, including mouth care, grooming, dressing, toileting, assisting with eating and hydration and skin care.
 - f. Basic skills by modifying his/her own behavior in response to clients' behavior, identifying developmental tasks associated with the aging process and use task analysis, segmenting of those tasks to increase independence, providing training in and the opportunity for self care according to clients' capabilities, demonstrating principles of behavior modification by reinforcing appropriate behavior and causing inappropriate behavior to be reduced or eliminated, demonstrating skills supporting age-appropriate behavior by allowing the client to make personal choices, providing, and reinforcing other behavior consistent with clients' dignity, and utilizing clients' family as a source of emotional support.
 - g. Skills which incorporate principles or restorative nursing, including the use of assistive devices in ambulation, eating, and dressing, maintenance of range of motion, proper turning and position both in bed and chair, transferring, bowel and bladder training, enema administration, and care and uses of prosthetic devices, such as hearing aids, artificial eyes, artificial limbs, etc.
 - h. Behavior which maintains clients' rights, including but not limited to: assisting a client to vote, providing privacy and maintenance of confidentiality, allowing the client to make personal choices to accommodate individual needs giving assistance in resolving grievances, providing needed assistance in getting to and participating in client and family groups and other activities, maintaining reasonable care of clients personal possessions providing care which maintains the client free from abuse, mistreatment or neglect, and reporting any instances of such poor care to appropriate facility staff, and maintaining the client's environment and care so as to minimize the need for physical or chemical restraints.

Learning Outcomes continued:

2. Discuss the responsibilities related to admission, transfer, and discharge of clients receiving care in various healthcare facilities.
3. Discuss the application of basic principles of Standard and Transmission Based Precautions in the lab and clinical settings.
4. Explain how the Health Insurance Portability and Accountability Act (HIPAA) compliance regulation impacts workers in long term care.
5. Demonstrate an understanding of the concepts of assessing biological, psychosocial, socio-cultural, spiritual needs, and/or developmental factors that influence health attainment.
6. Demonstrate an understanding of the concepts of planning and incorporating therapeutic interventions, collaboration as a member of the health team, rehabilitative/restorative care concepts, concepts of death with dignity, and the nursing process in nursing care.
7. Demonstrate an understanding of the concepts of evaluating the effectiveness of nursing care rendered specific to the applied nursing interventions.
8. Demonstrate appropriate documentation techniques for all applicable nursing skills covered in this course.
9. Demonstrate the ability to satisfactorily apply all nursing skills learned in this course and complete the appropriate Skills Checklist provided by the instructor.
10. Assist the long-term care patient with activities of daily living (ADL), maintaining a safe, clean, and comfortable environment under professional supervision.
11. Identify and perform skills needed to give personal care to emotionally disturbed patients.
12. Provide appropriate care for patients with special needs.
13. Function appropriately as a contributing member of the health care team in providing care for the geriatric client.
14. Apply OBRA Skills required in meeting biological, psychosocial, cultural, and spiritual needs of geriatric clients to provide rehabilitative care and support of death with dignity utilizing therapeutic and preventive measures.
15. Demonstrate appropriate communication techniques in interacting with geriatric clients, their support persons, and the health care team, maintaining compliance with HIPAA Regulations.
16. Demonstrate and exhibit professional responsibility and accountability by functioning within the scope as set by the Louisiana Department of Health and Hospitals.

Assessment Measures: To be provided by the College Campus.

Library Resource Center:

The Delta Library and Learning Resource Center is committed to providing quality information and learning resources and services, including technology, in supporting the overall mission of Delta Community College and its commitment to lifelong learning.

Special Accommodations:

Louisiana Delta Community College complies with Section 504 of the Rehabilitation Act, as well as the Americans with Disabilities Act. Students with disabilities who attend the Monroe campus may make a request by contacting the Director of Counseling and Disability Services (See College Directory for contact information.) at the beginning of each semester. Reasonable accommodations will be attempted for students with documented disabilities. If an impairment is identified later in the semester, a non-retroactive accommodation plan will be developed. Students at satellite campuses should contact the Coordinator of Student Affairs at their particular campus.

Title IX:

Louisiana Delta Community College is committed to protecting the rights of students, which includes compliance with Title IX requirements. As such, the institution and members of our community will not tolerate the offenses of dating violence, domestic violence, sexual assault, and stalking. Students with Title IX concerns should contact the College's Title IX Coordinator (See College Directory for contact information.) Students are required to complete Sexual Assault Awareness and Prevention Online Training. Access to this online course will be sent out through the Delta email account.

Student Code of Conduct:

Louisiana Delta Community College encourages an environment of academic integrity and mutual respect. Students should read and follow both academic and behavioral expectations identified in the Code of Student Conduct that can be found online at www.ladelta.edu. Students are expected to act with integrity, respect the rights of others, and conduct themselves in a professional manner. The Honor Code prohibits academic misconduct such as cheating, engaging in unauthorized collaboration, and plagiarism. Violations of the Code of Student Conduct may result in disciplinary action as provided in the Code. Incidents are reported through the online Student Conduct system.