

Louisiana Delta Community College

Academic Affairs Master Syllabus

Course Name: MENTAL ILLNESS/PSYCHIATRIC NURSING

Course Number: HNUR 2523

Credit Lecture hours: 2 **Credit Lab Hours:** 0.5 **Contact Hours:** 60

Textbook, Author, and Publisher: To be provided by College Campus

Instructor Information: To be provided by College Campus

Class Location: To be provided by College Campus

Course Description:

This course includes the study of the client experiencing emotional, mental and social alterations utilizing the nursing process approach with integrated pharmacology and application of life span principles. This course includes a 30 hour clinical component. The student will perform applicable practical nursing clinical skills to clients in mental health facilities under the supervision of the practical nursing faculty.

NOTE: students must pass both the theory and clinical components of this course with an 80% in each area in order to successfully complete the course and advance in the PN program.

Prerequisites: HNUR 1211, HNUR 1212, HNUR 1270, HNUR 1300, HNUR 1320, and HNUR 1361. Concurrent enrollment or successful completion of HNUR 1411, and HNUR 2113 is also required.

Learning Outcomes:

On completion of this course, the student will be able to:

TECHNICAL STANDARDS: Students must demonstrate ability to meet the following technical/performance standards while receiving the instruction as outlined in course syllabus:

- a) Read and communicate orally and in writing using the English language.
- b) Hear with or without auditory aids to understand normal speaking voice without viewing the speakers face.
- c) Visually, with or without corrective lenses, observe changes in client's condition and actively participate in learning process.
- d) Utilize stamina, strength and psychomotor coordination necessary to perform routine practical nursing procedures at floor or bed level.
- e) Demonstrate use of gross and fine motor skills necessary to provide independent, safe and effective practical nursing care.

Learning Outcomes continued:

- f) Solve problems and apply critical thinking skills while providing safe and efficient client care.
- g) Interact with individuals/families/groups from various socioeconomic and cultural backgrounds.
- h) Adapt and function in a multi stressor environment while adhering to legal/ethical guidelines of the school, Louisiana PN Nurse Practice Act and clinical agencies.

COURSE OBJECTIVES:**Theory:**

Upon successful completion of this course with a minimum of 80% accuracy, the student will:

1. Identify risk factors and the signs and symptoms of abuse and neglect as well as the client's response to care while providing a safe environment, physical care, emotional care, client teaching and support to them and their families.
2. Identify stressors, inappropriate/abnormal behavior, various responses to behavioral management interventions, and types of therapies related to mental health disorders.
3. Describe various coping mechanisms, emotional responses to illnesses, and resources/support systems that relate to mental health disorders.
4. Identify signs and symptoms that indicate that a client is in crisis, therapeutic approaches, and elements of teaching and resources available.
5. Identify abnormal interactions of clients, barriers to compliance, symptoms of relapse, and signs of dependence or independence.
6. State nursing measures that promote independence, sense of hope, trusting environment, positive self-esteem, and positive decision making process.
7. Identify factors that indicate impaired cognition, changes in mental status, ability to follow a treatment plan, and reactions to mental illness diagnosis.
8. Identify signs and symptoms of alterations in mood, judgment, cognition, reasoning, and various acute or chronic diagnoses.
9. Identify situations, signs and symptoms, and reactions to situational role changes that may challenge the client's ability to cope.
10. Identify actual/potential stressors and various signs and symptoms, reactions, management techniques, and responses to therapeutic intervention.
11. Identify actual/potential stressors and various signs and symptoms, reactions, management techniques, and responses to therapeutic intervention.
12. Identify risk factors, warning signs, nursing care and intervention, and teaching relating to suicide and violence.

Learning Outcomes continued:

13. Discuss assessment, identify deviations from the norm and select appropriate nursing diagnoses and develop a plan of care for the mental health client.
14. Identify and discuss commonly prescribed pharmacological agents used in the treatment of the various illnesses addressed.
15. Identify and discuss therapeutic and modified diets related to the diseases identified.
16. Reinforce the purpose of client's laboratory tests and related teaching requirements, and the significance of lab values as they relate to pharmacological interventions for each disorder discussed.
17. Discuss and evaluate implications of the mental health disorders disease processes on geriatric clients.

Clinical:

Upon successful completion of this course with a minimum of 80% accuracy, the student will:

1. Implement a plan of care for the client experiencing mental, emotional and behavioral alterations.
2. Provide pharmacological therapies for the client experiencing alterations in mental status, including medication administration as prescribed.
3. Seek supervision from a clinical instructor for performing tasks in which the specific skill has not been verified by a clinical instructor.
4. Provide competent and safe practical nursing care appropriate to the level of training and education.
5. Observe and identify abnormal reactions and changes in clients' conditions, report these changes to the clinical instructor and appropriate staff, and accurately record these observations on the appropriate documents.
6. Demonstrate appropriate communication techniques in interacting with assigned clients, their support person, and the health care team, maintaining compliance with Health Insurance Portability and Accountability Act (HIPAA) regulations.
7. Assess biological, psychosocial, socio-cultural, spiritual needs, and/or developmental factors that influence health attainment.
8. Plan and incorporate therapeutic interventions, collaboration as a member of the health team, rehabilitative/restorative care concepts, concepts of death with dignity, and the nursing process in nursing care.
9. Evaluate the effectiveness of nursing care rendered specific to the applied nursing interventions.
10. Document and validate nursing activities in an appropriate manner as noted in the agency Policy and Procedure Manual.
11. Reinforce the purpose of client's laboratory tests and related teaching needs to include pharmacological implications.
12. Demonstrate and exhibit responsibility, professionalism, and accountability with assigned clients by functioning within the Practical Nurse scope of practice as defined by the LA State Board of Practical Nurse Examiners.

Learning Outcomes continued:

NOTE: Students must pass both the theory and clinical components of this course with an **80% in each area** in order to successfully complete the course and advance in the program.

Assessment Measures: To be provided by the College Campus.

Library Resource Center:

The Delta Library and Learning Resource Center is committed to providing quality information and learning resources and services, including technology, in supporting the overall mission of Delta Community College and its commitment to lifelong learning.

Special Accommodations:

Louisiana Delta Community College complies with Section 504 of the Rehabilitation Act, as well as the Americans with Disabilities Act. Students with disabilities who attend the Monroe campus may make a request by contacting the Director of Counseling and Disability Services (See College Directory for contact information.) at the beginning of each semester. Reasonable accommodations will be attempted for students with documented disabilities. If an impairment is identified later in the semester, a non-retroactive accommodation plan will be developed. Students at satellite campuses should contact the Coordinator of Student Affairs at their particular campus.

Title IX:

Louisiana Delta Community College is committed to protecting the rights of students, which includes compliance with Title IX requirements. As such, the institution and members of our community will not tolerate the offenses of dating violence, domestic violence, sexual assault, and stalking. Students with Title IX concerns should contact the College's Title IX Coordinator (See College Directory for contact information.) Students are required to complete Sexual Assault Awareness and Prevention Online Training. Access to this online course will be sent out through the Delta email account.

Student Code of Conduct:

Louisiana Delta Community College encourages an environment of academic integrity and mutual respect. Students should read and follow both academic and behavioral expectations identified in the Code of Student Conduct that can be found online at www.ladelta.edu. Students are expected to act with integrity, respect the rights of others, and conduct themselves in a professional manner. The Honor Code prohibits academic misconduct such as cheating, engaging in unauthorized collaboration, and plagiarism. Violations of the Code of Student Conduct may result in disciplinary action as provided in the Code. Incidents are reported through the online Student Conduct system.