

Louisiana Delta Community College

Academic Affairs Master Syllabus

Course Name: FIRST AID AND CPR

Course Number: HSCI 101

Lecture hours: 3 **Lab Hours:** 0 **Credit Hours:** 3

Textbook, Author, and Publisher: To be provided by College Campus

Instructor Information: To be provided by College Campus

Class Location: To be provided by College Campus

Course Description:

This course is designed to provide participants with the knowledge to administer basic first aid and/or CPR/AED (Automated External Defibrillator) during emergency situations. An emphasis will be placed on confidentiality, blood borne pathogens, personal protective equipment (PPE), hand washing techniques, and safety procedures in chemical, radiation and fire situations. The course is video-based and includes extensive peer and mannequin practice augmented with case discussions. First aid procedures will be included. Upon successful completion, participants will be certified by the American Heart Association in First Aid and Basic Life Support (BLS)

Prerequisites: None

Co-requisites: None

Learning Outcomes:

On completion of this course, the student will be able to:

1. Define first aid
2. Describe the American Heart Association "Chain of Survival" steps
3. Recognize emergency situations and initial victim conditions
4. Explain "universal precautions"
5. Identify post-emergency protocol including confidentiality procedures
6. Construct a first-aid kit
7. Identify specific medical emergencies and the appropriate first aid procedures
8. List the first aid actions for bleeding you can see
9. Demonstrate correct bandaging techniques
10. Identify the procedures for stopping bleeding from the nose and mouth
11. Identify shock and first aid procedures
12. Identify signs of spine and head injuries and first aid procedures
13. List the first aid actions for injuries to the joints and muscles and first aid procedures
14. Recognize the dangers for the rescuer while administering first aid to a victim of high-voltage electrocution

Learning Outcomes (Continued):

15. List first aid actions for victims of chemical and radiation burns
16. Demonstrate the correct method for administering CPR
 - A. Adult CPR
 - a. One Rescuer
 - b. Two Rescuers
 - c. With AED
 - B. Child/Infant CPR
17. Demonstrate the correct first aid technique for foreign body airway obstruction (FBAO)
18. Describe the correct use of bag-mask ventilation
19. Recognize environment and behavioral emergencies.

Assessment Measures: To be provided by College Campus

Library Resource Center:

The Delta Library and Learning Resource Center is committed to providing quality information and learning resources and services, including technology, in supporting the overall mission of Delta Community College and its commitment to lifelong learning.

Special Accommodations:

Louisiana Delta Community College complies with Section 504 of the Rehabilitation Act, as well as the Americans with Disabilities Act. Students with disabilities who attend the Monroe campus may make a request by contacting the Director of Counseling and Disability Services (See College Directory for contact information.) at the beginning of each semester. Reasonable accommodations will be attempted for students with documented disabilities. If an impairment is identified later in the semester, a non-retroactive accommodation plan will be developed. Students at satellite campuses should contact the Coordinator of Student Affairs at their particular campus.

Title IX:

Louisiana Delta Community College is committed to protecting the rights of students, which includes compliance with Title IX requirements. As such, the institution and members of our community will not tolerate the offenses of dating violence, domestic violence, sexual assault, and stalking. Students with Title IX concerns should contact the College's Title IX Coordinator (See College Directory for contact information.) Students are required to complete Sexual Assault Awareness and Prevention Online Training. Access to this online course will be sent out through the Delta email account.

Student Code of Conduct:

Louisiana Delta Community College encourages an environment of academic integrity and mutual respect. Students should read and follow both academic and behavioral expectations identified in the Code of Student Conduct that can be found online at www.ladelta.edu. Students are expected to act with integrity, respect the rights of others, and conduct themselves in a professional manner. The Honor Code prohibits academic misconduct such as cheating, engaging in unauthorized collaboration, and plagiarism. Violations of the Code of Student Conduct may result in disciplinary action as provided in the Code. Incidents are reported through the online Student Conduct system.