Some of the ways germs find to enter your body

Some of the ways you spread germs to others

Simple things you can do to control the spread of germs:

• Thoroughly wash your hands with soap & water for at least 20 seconds (sing Happy Birthday twice).

• Sneeze and cough into your bent elbow

• Use hand sanitizer often

• Sanitize things like your cell phone, keyboard, door knobs, desk tops,

Check out:
WWW.CDC.GOV/CORONAVIRUS
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