



Fitness Center Rules & Regulations

FITNESS CENTER ACCESS

- Fitness Center access is strictly available to the following:
 1. Residents with a CDD issued photo identification card and a signed liability waiver form.
 2. Resident guests who have completed a signed liability waiver form.
 3. Children, age 16 or 17, who have liability waiver forms signed by their parent.
 4. Non-Residents who have paid the required fee (see Fee Schedule) and have completed a signed liability waiver form.
- Children under 16 are not allowed in the Fitness Center at any time.
- Adult and child liability waiver forms are available online and at the Community Center office.
- Photo identification access cards will be activated during regular business hours.
- All photo identification access cards must be renewed each calendar year.
 - No animals are allowed in the weight room.

FITNESS CENTER USAGE

- Use of the Fitness Center is at **Your Own Risk**.
- Call 911 in the event of an emergency.
- Proper work out attire (enclosed athletic shoes, shirts, etc.) must be worn while using the facilities.
- Shirts **must be worn at all times**.
- No flip flops, no sandals, no open toe shoes are permitted.
- No Swimsuits are permitted.
- No alcoholic beverages are permitted.
- No glass containers are permitted.
- No food is permitted.
- Machines shall be **wiped down** after each use with the provided wipes.
- After use, equipment shall be returned to its proper place.
- There is a **thirty (30) minute time limit** when others are waiting to use any equipment.
- Television audio can be accessed individually at each piece of cardio equipment for three of the six televisions through resident supplied headphones.
- Lights and fans should be **turned off** when exiting the Fitness Center.
- Doors should **always be locked behind you** when entering and leaving the Fitness Center.
- Personal items left in the Fitness Center will be placed in Lost and Found at the Community Center for a period of one week. Items not claimed will be discarded.
- Violation of these rules may result in suspension of rights of enjoyment of the Fitness Center.