North East School District
Student Assistance Program
Student Assistance Program (SAP) Mission

- Identify student behaviors that hinder the learning process and school success
- Gather pertinent information about student school performance
- Plan strategies with parents and colleagues to maximize student success
**SAP is...**

- An identification process
- An intervention program
- A referral program
- A support program

**SAP is Not...**

- A counseling program
- A treatment program
- A discipline program
What the Student Assistance Program does

- Targets students with educational barriers such as: substance abuse, mental health difficulties, school behavior and/or performance issues
- Provides education, prevention, early intervention, agency referral, and follow-up.

Key Components of the Program

- Core Team, known as SAP Team
- An interdisciplinary group of teachers, counselors, administrators, nurses, and agency personnel
- Voluntary participation by student
- Prior written consent from the parent(s), who are the decision makers, for MH/D&A counselors to meet with the student
SAP Process

- **Step One: Referral**
  - Students may be referred to SAP by:
    - A concerned parent, a teacher, or a friend, themselves

- **Step Two: Parent Contact**
  - A parent or guardian is contacted to involve them in the process
  - There is no cost for this process. All SAP services are voluntary and free of charge

- **Step Three: Information Gathering**
  - The Core Team (SAP) gathers relevant data from teachers, school nurse, guidance counselors, and administration

- **Step Four: Evaluation**
  - The Core Team (SAP) evaluates data to determine possible interventions or services available to assist the student
  - If necessary, intervention or service is offered to the student and parent/guardian

- **Step Five: Review**
  - The Core Team reviews each referral; then joins with the parents to develop intervention plans based on each student’s strengths and needs
  - Parent written permission is required before any student may participate in the counseling component of the program
North East SAP Members 2019-2020

High School

Dawn Coletta  Heidi Martin
Nicole Fitch  Cindy Olson
Laura Panek  Bill Renne
Matt Puskar  Leslie Shickler
Nate Otis  Karen Bergamasco
Kari Trimble  Kyle Regan

Student Assistance Counselor - Heidi Martin

Pyramid Healthcare Drug/Alcohol Counselor – Casie Morettini (814) 456-2203
**Student Assistance as a Resource**

- Plans primary prevention and crisis prevention programs in the school and in the community

**Intervention and Recommendation**

- SAP intervention and accommodations: School-based with in-house or community resources
- Recommendation for referral of service and/or agency assessment
- NOTE: The schools do not diagnose or treat

**Support and Follow-up**

- Support – Services for students, parents, and faculty
- Follow-Up – After-care, monitoring, mentoring, and motivating for academic success
Specific Services Available

- Team members to meet with students and guide them to resolve problems
- Crisis Intervention
- Educational Support Groups
- Aftercare for students returning from treatment programs
- Mental Health screening assessments and referrals to community services
- Drug and Alcohol screening assessments and referral to community services
Where to Find Help
Counseling / Emergency Information

The Caring Place  (814) 871-6868

Crime Victim Center  (814) 455-9414
(800) 352-7273

Crisis Services  (814) 456-2014
(800) 300-9558

Pyramid Healthcare  (814) 456-2203

Safe Net (Domestic Violence)  (814) 454-8161 (emergency)
(814) 455-1774 (non-emergency)

FREE Confidential Information & Referrals  2-1-1
Tips for Parents

It’s okay...

- Say NO to drinking parties
- Say NO to hotel parties
- Say NO to alcohol / drug use
- Say NO to co-ed sleepovers

- Say YES to chaperoning
- Say YES to curfews
- Say YES to alcohol-free home parties
For More Information

Contact: Dawn Coletta/Heidi Martin
NEHS ext. 1504

Call us. We’re here to help your child succeed.

North East High School
Student Assistance Program

The End