



North East SD



March 2020

Elementary Center & Middle School Breakfast

BREAKFAST PRICES

PAID \$1.00
 REDUCED \$0.30
 ADULT \$1.50

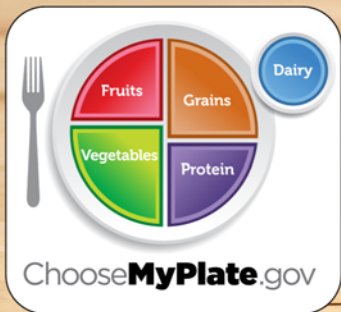
Please choose 3 items for
 The school breakfast:
 Entrée, OR
 Cereal and toast, OR
 Yogurt and toast, AND
 Choice of fruit & milk








Milk choices: Fat Free & 1% white,
 Fat free chocolate, and
 Seasonal selections

Robin Petroff-Hedlund

Food Service Director
 North East School District

MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
2 French toast Sticks Fruit & Juice Milk	3 EC: OATMEAL BAR W/ TOPPINGS MS: Bagel sandwich: Bacon, egg, & cheese Fruit & Juice, Milk	4 Breakfast pizza: Traditional Fruit & Juice Milk 	5 EC: Waffles w/syrup MS: Burrito Fruit & Juice Milk	6 Warm glazed Cinnamon roll Fruit & juice Milk
9 Funnel cake Fruit & juice Milk	10 English muffin sandwich: Saus., egg & cheese Fruit & juice Milk 	11 Bagel w/cream cheese Fruit & juice Milk	12 Pancake sandwich: Ham, egg, cheese Fruit & juice Milk	13 Warm cinnamon roll & yogurt Fruit & juice Milk
16 SCHOOL CLOSED!!	17 Breakfast pretzel: Ham, egg, & cheese Fruit & juice Milk 	18 Pancakes/syrup Fruit & juice Milk	19 EC: YOGURT BAR W/ TOPPINGS MS: Bagel sandwich: Egg & cheese Fruit/juice/Milk 	20 French toast sticks Fruit & juice Milk
23 Funnel cake Fruit & Juice Milk 	24 Breakfast pretzel: Egg & cheese Fruit & juice Milk	25 Breakfast pizza: Bacon scramble Fruit & juice Milk	26 English muffin sand: Bacon, egg, cheese Fruit & juice Milk 	27 EC: Breakfast pizza Traditional MS: Burrito Fruit & juice Milk
30 Pancakes/syrup Fruit & juice Milk	31 Yogurt parfait breakfast Fruit & juice Milk	NUTRITION MONTH MARCH 		

Daily breakfast options: Whole Grain Toast, Cold Cereals, Pop Tarts, Whole Grain Mini Loaves, Fresh Fruit & Fruit Juice.

All reimbursable breakfasts must include: A serving of fruit (serving size = 1/2 cup).

The USDA is an equal opportunity provider and employer.



North East SD HIGH SCHOOL BREAKFAST MENU



March 2020



BREAKFAST PRICES:

Paid \$1.00
 Reduced \$0.30
 Adult \$1.50

Milk choices:

Fat Free & 1% white,
 Fat free chocolate &
 Seasonal selections

Please Choose 3 Items:

Entrée, OR
 Cereal and toast, OR
 Yogurt and toast, AND
 Choice of fruit & milk

Robin Petroff-Hedlund

Food Service Director
 North East School District

MENU SUBJECT TO CHANGE



	Mon	Tue	Wed	Thu	Fri
	2 Breakfast pizza: Traditional Fruit & Juice Milk	3 Bagel sandwich: Ham, egg, & cheese Fruit & Juice Milk	4 Pancake sandwich: Sausage, egg, & cheese Fruit & Juice Milk	5 Breakfast flatbread w/sausage Fruit & Juice Milk	6 Warm cinnamon roll & yogurt Fruit & juice Milk
	9 English muffin sandwich: Bacon, egg, & cheese Fruit & juice Milk	10 Chicken Waffle sandwich Fruit & juice Milk	11 Bagel sandwich: Sausage, egg, & cheese Fruit & juice Milk	12 Biscuit sandwich: Ham, egg, & cheese Fruit & juice Milk	13 Breakfast pizza: Bacon scramble Fruit & juice Milk
	16 SCHOOL CLOSED!!	17 Pancake Crunch Sandwich Fruit & juice Milk	18 Breakfast pretzel: Ham, egg & cheese Fruit & juice Milk	19 Biscuit sandwich: Bacon, egg, & cheese Fruit & juice Milk	20 Breakfast pizza: Traditional Fruit & juice Milk
	23 Pancake sandwich: Ham, egg & cheese Fruit & Juice Milk	24 English muffin sandwich: Bacon, egg, & cheese Fruit & juice Milk	25 Bagel sandwich: sausage, Egg & cheese Fruit & juice Milk	26 Breakfast flatbread/ham Fruit & juice Milk	27 Breakfast pizza: Bacon Scramble Fruit & juice Milk
	30 Breakfast Pizza: Traditional Fruit & juice Milk	31 Pancake sandwich: Egg & cheese Fruit & juice Milk			

Daily breakfast options: Whole Grain Toast, Cold Cereals, Pop Tarts, Whole Grain Mini Loaves, Fresh Fruit & Fruit Juice.

All reimbursable breakfasts must include: A serving of fruit (serving size = 1/2 cup).

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