



North East SD High School Breakfast Menu

August/September 2020

BREAKFAST PRICES:

Paid \$1.00
 Reduced \$0.30
 Adult \$1.50

Milk choices:

Fat Free & 1% white,
 Fat free chocolate &
 Seasonal selections

Please Choose 3 Items:

Entrée, OR
 Cereal and toast, OR
 Yogurt and toast, AND
 Choice of fruit & milk

Robin Petroff-Hedlund

Food Service Director
 North East School District

MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
AUGUST 24 SCHOOL CLOSED!!!	AUGUST 25 SCHOOL CLOSED	AUGUST 26 SCHOOL CLOSED	AUGUST 27 SCHOOL CLOSED	AUGUST 28 SCHOOL CLOSED
31 BREAKFAST ROLL-UP/HAM ASSORTED FRUIT FRUIT JUICE MILK	1 BREAKFAST PRETZEL: HAM, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE & MILK	2 ENGLISH MUFFIN SANDWICH: BACON, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	3 MAPLE BISCUIT CHICKEN SANDWICH ASSORTED FRUIT FRUIT JUICE MILK	4 BREAKFAST PIZZA: BACON, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE MILK
7 LABOR DAY! SCHOOL CLOSED! 	8 BAGEL SANDWICH: HAM, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	9 PANCAKE SANDWICH: SAUSAGE, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	10 BREAKFAST ROLL-UP: SAUSAGE/EGG/CHEESE ASSORTED FRUIT FRUIT JUICE MILK	11 BREAKFAST BURRITO ASSORTED FRUIT FRUIT JUICE MILK
14 ENGLISH MUFFIN SAND- WICH: BACON/EGG/CHEESE ASSORTED FRUIT FRUIT JUICE MILK	15 CHICKEN/WAFFLE/CHEESE SANDWICH ASSORTED FRUIT FRUIT JUICE MILK	16 BAGEL SANDWICH: SAUSAGE, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	17 BISCUIT SANDWICH: HAM, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	18 BREAKFAST PIZZA: BACON, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE MILK
21 WAFFLE SANDWICH: HAM/EGG/CHEESE ASSORTED FRUIT FRUIT JUICE MILK	22 PANCAKE CRUNCH SANDWICH: EGG, CHEESE, & HASH BROWN ASSORTED FRUIT FRUIT JUICE & MILK	23 BREAKFAST PRETZEL: HAM, EGG, & CHEESE FRUIT JUICE MILK	24 BISCUIT SANDWICH: BACON/EGG/CHEESE ASSORTED FRUIT FRUIT JUICE MILK	25 BREAKFAST PIZZA: TRADITIONAL ASSORTED FRUIT FRUIT JUICE MILK

Daily breakfast options: Whole Grain Toast, Cold Cereals, Pop Tarts, Whole Grain Mini Loaves, Fresh Fruit & Fruit Juice.

All reimbursable breakfasts must include: A serving of fruit (serving size = 1/2 cup).

The USDA is an equal opportunity provider and employer.



North East SD High School Lunch Menu

August/September 2020

LUNCH PRICES

Student Paid \$2.15
 Student Reduced \$0.40
 Adult \$3.60

PLEASE CHOOSE AT LEAST 3 OF THE 5 ITEMS FOR THE SCHOOL LUNCH PRICE:

Main entree, one choice must be a fruit or vegetable, choice of milk and bread

Fruit Choices May Include:

Fresh Fruit, Canned Fruit, Fruit Juice, or Frozen Fruit

Vegetable Choices May Include:



Hot Vegetables, Spinach Salad, Baked Beans, Coleslaw, Carrot Sticks, Celery Sticks, Oven Fries, or Tator Tots

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Mon	Tue	Wed	Thu	Fri
AUGUST 24	AUGUST 25	AUGUST 26	AUGUST 27	AUGUST 28
 SCHOOL CLOSED!!!!	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
31 BUFFALO CHIX RANCH WRAP HAM & CHEESE PRETZEL PEPPERONI PIZZA SIDEWINDERS ASST. FRUIT & MILK	1 SOUTHWEST "KOOSKOOS" BREADED CHIX CORDON BLEU SANDWICH FRENCH BREAD PIZZA STEAMED BROCCOLI FROZEN FRUIT & MILK	2 PASTA/MEATBALLS/ROLL BREADED CHICKEN SAND. MEXICAN PIZZA SPRING SIDE SALAD CRAISINS MILK	3 TANGERINE CHICKEN/RICE SHRIMP POPPERS/ROLL DEEP DISH PIZZA MAPLE CARROTS APPLESAUCE MILK	4 "ITALIAN DUNKERS"/MARINARA BUFFALO CHIX MTBL. SUB WINTER MIX VEGGIES CHILLED PEACHES MILK
7 LABOR DAY!  SCHOOL CLOSED!!	8 TACO WRAP SPICY CHICKEN SANDWICH PEPPERONI PIZZA MAPLE CARROTS FROZEN FRUIT MILK	9 PASTA ALFREDO FLORENTINE/CHIX/ROLL BAGEL BURGER/PEPPERJACK MEXICAN PIZZA STEAMED BROCCOLI ASST. FRUIT & MILK	10 CHICKEN BURRITO BOWL DOUBLE CHEESEBURGER GARLIC CHICKEN PIZZA BABY CARROTS CHILLED PINEAPPLE MILK	11 MINI PIEROGIES/ONIONS TURKEY/CHEESE CROISSANT PEPPERONI PIZZA SWEET PEAS FRESH FRUIT MILK
14 CHICKEN/HERB "KOOSKOOS" BREADED CHICKEN SAND. WHITE PIZZA SPRING SIDE SALAD FROZEN FRUIT MILK	15 SWEET CHILI CHIX RICE BOWL DOUBLE HAMBURGER PEPPERONI PIZZA SEASONED GREEN BEANS FRUIT JUICE & MILK	16 CHEESY LOGS/MARINARA CHICKEN WAFFLE SAND. "MEATEATER" PIZZA SIDEWINDERS ASST. FRUIT MILK	17 BREAKFAST FOR LUNCH: PANCAKES/SAUSAGE GRILLED CHIX CLUB BREAKFAST PIZZA POTATO TRIANGLES FRUIT JUICE & MILK	18 TACO FRIES/ROLLS TURKEY/CHEESE SUB FRENCH BREAD PIZZA SWEET PEAS FRENCH FRIES FRESH FRUIT & MILK
21 SOUTHWEST CHICKEN WRAP CHICKEN PARMESAN SAND. PEPPERONI PIZZA BAKED BEANS ASSORTED FRUIT MILK	22 CHEESY CHIX/BROCCOLI BAKE DOUBLE CHEESEBURGER WHITE PIZZA STEAMED BROCCOLI FRUIT JUICE & MILK	23 "PICKER BOWL"/ROLL BBQ RIB SANDWICH MASHED POTATO/GRAVY SWEET CORN FROZEN FRUIT MILK	25 MAC & CHEESE/ROLL SHRIMP POPPERS/ROLL MEXICAN PIZZA SEASONED GREEN BEANS APPLESAUCE MILK	25 SOUTHWEST CHIX NACHOS GRILLED CHEESE DEEP DISH PIZZA BABY CARROTS CHILLY PINEAPPLE MILK

Offered Daily: Assorted Entrée Salads, Yogurt Parfait Lunch, Fresh Fruit & Milk

All reimbursable lunches must contain 1 SERVING OF PRODUCE (FRUITS AND/OR VEGGIES)*** SERVING SIZE = 1/2 CUP
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