



North East SD

Middle School Breakfast Menu

August/September 2020

BREAKFAST PRICES

PAID \$1.00
 REDUCED \$0.30
 ADULT \$1.50

Please choose 3 items for
 The school breakfast:
 Entrée, OR
 Cereal and toast, OR
 Yogurt and toast, AND
 Choice of fruit & milk

Milk choices: Fat Free & 1% white,
 Fat free chocolate, and
 Seasonal selections

Robin Petroff-Hedlund

Food Service Director
 North East School District

MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
AUGUST 24 SCHOOL CLOSED!	AUGUST 25 SCHOOL CLOSED	AUGUST 26 SCHOOL CLOSED	AUGUST 27 SCHOOL CLOSED	AUGUST 28 SCHOOL CLOSED
31 "FRUDEL" APPLE OR CHERRY ASSORTED FRUIT FRUIT JUICE MILK	1 PRETZEL SANDWICH: SAUSAGE, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE & MILK	2 FUNNEL CAKE ASSORTED FRUIT FRUIT JUICE MILK	3 BREAKFAST PIZZA: BACON, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	4 BREAKFAST BURRITO ASSORTED FRUIT FRUIT JUICE MILK
7 LABOR DAY SCHOOL CLOSED!! 	8 BAGEL SANDWICH: BACON, EGG, & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	9 BREAKFAST PIZZA: TRADITIONAL ASSORTED FRUIT FRUIT JUICE MILK	10 BREAKFAST BURRITO ASSORTED FRUIT FRUIT JUICE MILK	11 WARM GLAZED CINNAMON ROLL ASSORTED FRUIT FRUIT JUICE MILK
14 FUNNEL CAKE ASSORTED FRUIT FRUIT JUICE MILK	15 ENGLISH MUFFIN SANDWICH: SAUSAGE, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE & MILK	16 BAGEL W/ CREAM CHEESE ASSORTED FRUIT FRUIT JUICE MILK	17 PANCAKE SANDWICH: HAM, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE & MILK	18 CINNAMON ROLL & YOGURT ASSORTED FRUIT FRUIT JUICE & MILK
21 "FRUDEL": APPLE OR CHERRY ASSORTED FRUIT FRUIT JUICE & MILK	22 BREAKFAST PRETZEL: HAM, EGG & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	23 CHEF'S CHOICE SANDWICH ASSORTED FRUIT FRUIT JUICE MILK	24 BAGEL SANDWICH: EGG & CHEESE ASSORTED FRUIT FRUIT JUICE MILK	25 FRENCH TOAST STICKS/ SYRUP ASSORTED FRUIT FRUIT JUICE MILK

Daily breakfast options: Cold Cereals, Pop Tarts, Whole Grain Mini Loaves, Fresh Fruit & Fruit Juice.

All reimbursable breakfasts must include: A serving of fruit (serving size = 1/2 cup).

The USDA is an equal opportunity provider and employer.



North East SD MIDDLE SCHOOL LUNCH MENU

August/September 2020

Lunch Prices

Student Paid \$2.00
 Student Reduced \$0.40
 Adult \$3.60

PLEASE CHOOSE AT LEAST 3 OF THE 5 ITEMS FOR THE SCHOOL LUNCH PRICE:

Main entree, one choice must be a fruit or vegetable, choice of milk & bread

Fruit Choices May include:

Fresh Fruit, Canned Fruit, or Fruit Juice

Vegetable Choices May Include:



Hot Vegetables, Spinach Salad, Baked Beans, Carrot Sticks, Celery Sticks, Oven Fries, or Tator Tots

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Mon	Tue	Wed	Thu	Fri
AUGUST 24 SCHOOL CLOSED!!! 	AUGUST 25 SCHOOL CLOSED	AUGUST 26 SCHOOL CLOSED	AUGUST 27 SCHOOL CLOSED	AUGUST 28 SCHOOL CLOSED
31 General Tso's/rice French bread pizza Steamed broccoli Fresh fruit Milk	1 Taco Wrap Ham & cheese pretzel Sidewinders Frozen fruit Milk	2 Pasta/meatballs/roll Turkey/cheese sub Sweet peas Fresh fruit Milk	3 Hamburger Pepperoni pizza Mashed potato/gravy Assorted fruit Milk	4 "Picker Bowl" Mexican pizza Winter mix veggies Applesauce Milk
7 LABOR DAY! SCHOOL CLOSED! 	8 Breakfast for lunch: Pancakes/sausage Breakfast pizza Tater tots Fruit juice Milk	9 Taco fries/rolls Mexican pizza Sweet corn Fresh fruit Milk	10 Mexican Pasta Bake/roll Grilled chicken sandwich White pizza Carrots Frozen fruit Milk	11 Cheeseburger Deep dish pizza Baked beans Chilly pineapple Milk
14 Popcorn chicken/roll "Meateater" pizza Steamed broccoli Fresh fruit Milk	15 Southwest Chicken Nachos Buffalo chicken pizza Spinach side salad Frozen fruit Milk	16 Tater tot casserole/rolls French bread pizza Meatball sub Sweet corn Chilled Peaches Milk	17 Sriracha honey chicken w/rice Ham & cheese pretzel Pepperoni pizza Baked beans Fresh fruit & Milk	18 Grilled cheese Deep dish pizza Sidewinders Fruit juice Milk
21 Chicken tenders/roll BBQ rib sandwich Buffalo chicken pizza Baked beans Craisins & Milk	22 Breakfast for lunch: Funnel cake/sausage Breakfast pizza Tater tots Fruit juice & Milk	23 Salisbury steak sandwich Cheesy logs/marinara Mashed potato/gravy Frozen fruit Milk	24 Taco nachos Ham/cheese croissant Sweet corn Chilled pears Milk	25 Cheesy mac & beef/roll Turkey/cheese/sub Deep dish pizza Winter mix veggies Fresh fruit & Milk

Offered Daily: Entrée Salads, Yogurt Parfait Lunch, Assorted Vegetables, Fresh Fruit, Milk
 All reimbursable lunches must contain 1 SERVING OF PRODUCE (FRUITS AND/OR VEGGIES)*** SERVING SIZE = 1/2 CUP
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