



North East SD High School Breakfast Menu

January 2021

BREAKFAST PRICES:
FREE FOR STUDENTS!!
Adult \$1.50

Milk choices:
Fat Free & 1% white,
Fat free chocolate &
Seasonal selections

Please Choose 3 Items:
Entrée, OR
Cereal and toast, OR
Yogurt and toast, AND
Choice of fruit & milk

Robin Petroff-Hedlund
Food Service Director
North East School District

MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
				1 SCHOOL CLOSED!!
4 REMOTE LEARNING	5 REMOTE LEARNING	6 REMOTE LEARNING	7 REMOTE LEARNING	8 REMOTE LEARNING
11 REMOTE LEARNING	12 REMOTE LEARNING	13 COOK'S CHOICE Fruit & juice Milk	14 Biscuit sandwich: Bacon, egg, & cheese Fruit & juice Milk	15 Breakfast pizza: Traditional Fruit & juice Milk
18 MLK DAY! NO SCHOOL FOR STUDENTS! TEACHER IN-SERVICE	19 HYBRID DAY!	20 Bagel sandwich: Egg/cheese Fruit & juice Milk	21 Breakfast roll-up/ham Fruit & juice Milk	22 Breakfast pizza: Bacon Scramble Fruit & juice Milk
25 Breakfast pizza: Traditional Fruit & juice Milk	26 Pancake sandwich: Egg/cheese Fruit & juice Milk	27 French toast sticks w/syrup Fruit & juice Milk	28 Breakfast pretzel: Bacon/egg/cheese Fruit or juice Milk	29 Bagel sandwich: Ham/egg/cheese Fruit & juice Milk

Daily breakfast options: Whole Grain Toast, Cold Cereals, Pop Tarts, Whole Grain Mini Loaves, Fresh Fruit & Fruit Juice.
All reimbursable breakfasts must include: A serving of fruit (serving size = 1/2 cup).
The USDA is an equal opportunity provider and employer.



North East SD High School Lunch Menu

January 2021

LUNCH PRICES

FREE FOR STUDENTS!!

Adult \$3.60

PLEASE CHOOSE AT LEAST 3 OF THE 5 ITEMS FOR THE SCHOOL LUNCH PRICE:

Main entree, one choice must be a fruit or vegetable, choice of milk and bread

Fruit Choices May Include:

Fresh Fruit, Canned Fruit, Fruit Juice, or Frozen Fruit

Vegetable Choices May Include:

Hot Vegetables, Spinach Salad, Baked Beans, Coleslaw, Carrot Sticks, Celery Sticks, Oven Fries, or Tater Tots

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				1 SCHOOL CLOSED!!
4 REMOTE LEARNING	5 REMOTE LEARNING	6 REMOTE LEARNING	7 REMOTE LEARNING	8 REMOTE LEARNING
11 REMOTE LEARNING	12 REMOTE LEARNING	13 "Picker Bowl"/roll BBQ rib sandwich Sweet corn Frozen fruit Milk	14 "Picker Bowl"/roll Mexican pizza Mashed potato/gravy Mandarin oranges Milk	15 Southwest chix nachos Grilled cheese Deep dish pizza Tomato soup Assorted fruit Milk
18 MLK DAY! NO SCHOOL FOR STUDENTS! TEACHER IN-SERVICE DAY!	19 HYBRID DAY!	20 Chicken Sliders Cheesy logs/marinara Pizza Roasted corn medley Chilled peaches Milk	21 Taco Wrap Turkey/ham/ch. pretzel Chicken Ranch pizza Carrots Fresh fruit Milk	22 Chicken & Biscuit Spicy chicken sandwich Garlic chicken pizza Mashed potato/gravy Assorted fruit Milk
25 Hot Salisbury steak sandwich Ham/turkey/pepperjack Croissant Buffalo chicken pizza Sweet corn Frozen fruit Milk	26 Chicken Burrito Bowl Meatball sub Deep dish pizza Sidewinders Mandarin oranges Milk	27 Breakfast for lunch: Pancakes/sausage Crispy chicken wrap Potato triangles Fruit juice Milk	28 Pasta/meatballs/roll Swiss burger Mexican pizza French fries Assorted fruit Milk	29 Sriracha honey chix/rice Chicken club sandwich Garlic chicken pizza Baked beans Applesauce Milk

Offered Daily: Entrée salads, Yogurt Parfait Lunch, Fresh Fruit & Milk

All reimbursable lunches must contain 1 SERVING OF PRODUCE (FRUITS AND/OR VEGGIES)

*** SERVING SIZE = 1/2 CUP

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