CRAWFORD CENTRAL SD WELLNESS COMMITTEE

MEETING MINUTES

Location: MASH Media Center
Date: May 19, 2021
Time: 4:15pm
Facilitator: Phyllis Lord

Attendance:
Luke Gealy  CCSD  Liza Hovis  MASH  Kathleen Knapp  MASH
Jenn Galdon  CCSD  Phyllis Lord  CCSD  Elizabeth Andracki  CJS/Sh
Katie Baldwin  TNG  Tammy Groover  TNG  Ann Areson  Community Member
Wally Mason  Coach  Lacey Heffern  PTO  Sarah McKissock  MAMS
Paula Lucas  Parent  Jen DeVaul  Nurse  Cheyenne Dorsey  MAMS Student
Scott Lynch  Principal  Clare Dill  FD Student  Sonya Eagles-Dill  Parent/Secretary
Jess Overly  Parent

DISCUSSION POINTS

1. Phyllis Lord talked about the Wellness Committee and program and how it will be used in the future with annual meetings scheduled for March of each year.

2. As of now, Crawford Central School District meets or exceeds all USDA requirements pertaining to Wellness.

3. A Triennial Wellness Survey done by PDE will be released soon and shared with the group.

4. Discussed the future focus of the Wellness Committee with an emphasis on both physical and mental health within the district dealing with topics such as stress, Wellness Options, and additional resources.

5. A survey to gage interest and reaction to Wellness Programs will be conducted in 2021-2022 and the results will be reviewed at the March meeting.

6. Meeting adjourned at 4:45pm. The next meeting will be held in March 2022.