

## **ACCOMMODATING STUDENTS WITH DIABETES**

Eastmont School District Nurses shall:

- consult and coordinate with the parents and health care providers of students with diabetes.
- train and supervise the appropriate staff in the care of students with diabetes annually and more frequently as needed.

The Eastmont School District Nurses shall develop and follow an IHP (individual health plan) for each student with diabetes. Each IHP (individual health plan) shall include an individual emergency plan element. The health plans shall be updated annually, and more frequently as needed.

Parents of students with diabetes may designate an adult to provide care for their student consistent with the student's IHP (individual health plan). At parent request, school district employees may volunteer to be a parent-designated adult under this policy, but they shall not be required to do so. Parent-designated adults must file a voluntary, written, letter of intent (updated yearly) stating their willingness to be a parent-designated adult. Parent-designated adults who are school employees shall receive training in caring for students with diabetes from a Eastmont School District Nurse. Parent-designated adults who are not school employees are required to show evidence of comparable training, of which school employed PDA's receive in caring for students with diabetes, and meet school district requirements for volunteers. ALL Parent-designated adults shall receive additional training from parent-selected health care professional or expert in diabetic care to provide the additional care authorized by the parent. The Eastmont School District Nurses are not responsible for the supervision of procedures authorized by the parents and carried out by the parent designated adult.

In addition to adhering to the requirements of each IHP (individual health plan), for the general care of students with diabetes, the district shall:

- Acquire necessary parent requests and instructions for treatment.
- Acquire monitoring the treatment orders from licensed health care providers prescribing within the scope of their licensed authority.
- Provide sufficient and secure storage for medical equipment and medication provided by the parent.
- Permit students with diabetes to perform blood glucose tests, administer insulin, and treat hypoglycemia and hyperglycemia, with easy access to the necessary supplies, equipment and medication necessary under their IHP (individual health plan). This includes the option if physician approved, for students to carry the necessary supplies, equipment and medication on their person and perform monitoring and

treatment functions whenever they are on school grounds or at school sponsored events.

- Permit students with diabetes unrestricted access to necessary food and water as needed and unrestricted access to bathroom facilities.
- School meals shall not be withheld from any student for disciplinary reasons. Students with diabetes shall not miss meals because they are not able to pay for them. The charge for the meal will be billed to the parent or adult student and collected consistent with district policies.
- Upon request, parents and health care providers of students with diabetes, will be provided, with a description of their student's school schedule to facilitate the timing of monitoring, treatment and food consumption.
- Each student's individual health care plan shall be distributed or made available to appropriate staff based on the student's needs and the staff member's contact with the student.

The district, its employees, agents of parent-designated adults who act in good faith and insubstantial compliance with a student's IHP (individual health plan) and the instructions of the student's health care provider shall not be criminally or civilly liable for services provided under chapter 350, Laws of 2002.

#### Parent-Designated Adult for Diabetic Students

If parents choose they may designate an adult through proper legal procedures to assist a specific student in managing his/her diabetes. This Parent-Designated Adult (PDA) volunteer, which may include school staff, must file a written letter showing their intent to act in that capacity. Parents, rather than the school, are responsible for training the PDA (Parent-Designated Adult).

1. If the PDA is a school employee, he/she must be approved by the individual building principal to determine if he/she can care for this student and continue his/her present duties.
2. The PDA will need to have Washington State Patrol Finger Printing done at the parent's expense.
3. All PDA's must file a current voluntarily written letter of intent to act as a PDA. If a PDA is a school employee, the district must keep on file a current, voluntarily written letter of intent from the employee to act as a PDA. This letter must be filed without coercion from the employer. Additionally, the letter must state the employee's willingness to be a volunteer PDA. School district employees may not be subject to any reprisal or disciplinary action for refusing to file a letter.
4. School districts will keep on file documentation of the required additional training that all PDAs must receive for the additional care the PDA may provide as authorized by the parent, such as insulin or glucagon injections and blood glucose

monitoring. In addition, documentation of school district training for PDA's who are school district employees or comparable training by PDA's who are not district employees must be kept on file.

5. A diabetes educator who is nationally certified or a health professional must provide the training. However, only the District Nurses may be designated to consult and coordinate with the student's parents and health care provider, and to supervise the appropriate school district personnel. The District Nurse is not responsible for the supervision of the PDA for those procedures that are authorized by the parent for the PDA to provide.
6. School District Nurses may not delegate procedures such as blood glucose testing and insulin injections to unlicensed staff.
7. Immunity from liability is provided if the individual is acting in good faith and in compliance with school policies and the student's IHP (individual health plan).

Cross References:

Board Policy 2162	Education of Students with Disabilities Under Section 504
Board Policy 3416	Medication at School
Board Policy 3520	Student Fees, Fines, and Charges
Board Policy 5630	Volunteers

Legal References:

Ch. 350, Laws of 2002  
Section 504 of the Rehabilitation Act of 1973  
PL 101-336 Americans Disabilities Act