

# What to Expect On The First Day of School

The first day of school is an exciting one. It's a chance to see familiar faces, meet new friends, and say hi to teachers you had in the past. Every year is a fresh start - you can recreate yourself if you want to!

**When:** The first day of school is the day after Labor Day.

**What to bring :** Over the summer, you should have received your schedule in the mail. Bring this schedule with you. If you can't locate your schedule, or you just enrolled and you don't have a schedule yet, speak with any adult in the hallway at school and they will direct you to the Main Office where you can get a replacement copy. You will also want to bring a pencil and pen along with any other school supplies that you purchased over the summer. Many students bring a backpack on the first day. If you are unable to afford school supplies, speak with your homeroom teacher or the Guidance Counselor and tell them about your situation. Arrangements can be made to help you get the supplies you need. Pack a lunch, unless you are buying, and remember to bring that too!

**Where to go:** When you arrive at school, report directly to your homeroom. That room number is listed on your schedule. There will be lots of adults in the hallways when you enter the building so, if you're not sure where to go, just ask! Your homeroom teacher will take it from there. S/he will walk you through your first day by going over important information, showing you various parts of the building, giving out agenda books and assigning you a locker.

**Tips to make the first day go smoothly:**

Start going to bed a little earlier each night during the last week of the summer. This will make it easier for you to fall asleep the night before the first day. Get a good night's rest that night.

Prepare your supplies and lay your clothes out the night before. Pick an outfit that you like and feel comfortable in.

Think positive! Remember that *everyone* around you is nervous too (even if they don't look it.)

