

# NAMI Nights Colquitt County

You are invited to **NAMI Nights Colquitt County**

*NAMI is America's largest grassroots organization dedicated to improving the lives of individuals and families affected by mental illness.*

**First Tuesdays: Educational Meeting 6:00-7:00**  
**Family and Connection Support Groups 7:00-8:30**

**Third Tuesdays: Support Groups only 6:00-7:30**

**First United Methodist Church Social Hall**  
**409 1st Street S.E.**

**YOU ARE NOT ALONE! Resources are available.**

**New guest speaker each month.**

**Park in the church parking lot at the intersection of  
5th Ave. S.E. and 2nd St. S.E.**

**Enter through the door under the canopy. Facility is handicapped accessible.**

**Light refreshments will be served first Tuesdays.**

For more information, contact Lynn Wilson: [lynnbw45@gmail.com](mailto:lynnbw45@gmail.com)  
or Shannon Bell: [shann.mbell@gmail.com](mailto:shann.mbell@gmail.com)

More resources are available at:  
<http://mentalhealthcc.com/mental-health-colquitt-county/>



**All contacts are confidential**