

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: June 2025 Name of District: Colquitt County School District

Number of Schools in District: 13

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Provide age-appropriate, culturally relevant, and standards-based nutrition education at all grade levels (K-12), incorporated not only into health education classes but also into subjects such as math, science, language arts, social studies, and elective classes.	Completed	13	At a minimum, the equivalent of one hour of classroom nutrition education is provided each month for all students through classroom content areas and information provided by SN staff. Nutrition education is incorporated into the curriculum.
2. Encourage the consumption of fruits, vegetables, whole grains, and low-fat/fat-free dairy products through school meals, educational materials, and promotional activities.	Completed	13	School menus are planned according to USDA school meal patterns to meet nutritional standards of providing a variety of fruits & vegetables, whole grains, low-fat/fat-free dairy, and low sugar/sodium foods. Schools support Harvest of the Month fruits/vegetables with signage and nutritional information of the featured fruit/vegetable. School Cafeterias display posters and provide nutritional information to encourage healthy habits at school and home.
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:

1. Encourage the consumption of fruits, vegetables, whole grains, and low-fat/fat-free dairy products through school meals, educational materials, and promotional activities.	Completed	13	Participation in programs that promote and reinforce student health is encouraged; some examples would be USDA Team Nutrition lessons or GaDOE School Nutrition outreach lessons. Lessons, activities and prizes to encourage healthy eating provided by SN staff each month.
2. Advertise and promote only those foods and beverages that meet Smart Snack and USDA nutrition guidelines across all school-based marketing platforms, including vending machines, signage, and promotions.	Completed	13	Foods sold to students on a daily basis through vending machines, school stores are required to meet USDA Smart Snack Guidelines and are approved by the School Nutrition Director prior to the beginning of the school year and checked regularly through the school year.
3. Ensure that cafeteria environments are clean, pleasant, and promote healthy choices through attractive presentation of foods, signage, and access to water during meals.	Completed	13	All school kitchens are inspected by the DPH twice each year and those results are posted to the webpage. Schools prepare and serve food on serving lines that is attractive, free of clutter and set up to encourage healthy choices. All schools participate and promote National School Lunch Week and National School Breakfast Week each year.
4. Promote locally grown foods in school meals and link these efforts to broader nutrition promotion through classroom discussions, cafeteria signage, and community partnerships.	Completed	13	CCSD brought in locally grown oranges, strawberries, blueberries, squash, zucchini and chicken to promote and serve to students.
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Provide regular opportunities for physical activity through recess, physical education classes taught by certified instructors, and classroom movement breaks to prevent extended periods of inactivity.	Completed	13	Physical Education classes/designated times and/or recess at all schools; at a minimum on a weekly basis. Physical activity incorporated into classroom curriculum activities.
2. Offer extracurricular physical activity programs such as sports, clubs, and intramurals, and incorporate daily active time into after-school	Completed	13	Each school has a variety of sports, clubs and enrichment programs to participate in that foster physical activity in students.

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enrichment programs and child care services.			
3. Integrate physical activity into classroom instruction when possible to support student learning and well-being, while ensuring that physical activity is not withheld as a form of punishment.	Completed	13	

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Encourage school events, parties, and fundraisers to offer healthy food options or non-food alternatives , and ensure compliance with Smart Snack regulations during the school day.	Completed	13	Schools prohibit the use of foods and beverages as rewards for academic performance or behavior. Schools provide a list of healthy options to encourage parents to supply healthy snacks for parties.
2. Engage families, community members, and local organizations in wellness activities, such as Farm to School initiatives and nutrition or physical activity education, to reinforce healthy behaviors beyond the classroom.	Completed	13	Information provided on the School Nutrition webpage and social media outlets. Families and community members invited to various events throughout the year to engage with students during meal times.
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. All foods and beverages sold to students during the school day—including vending machines, a la carte lines, student stores, and fundraisers —must meet Federal Smart Snack nutritional standards , which include limits on calories, sugar, fat, and sodium, and require whole grains, fruits, vegetables, dairy, or protein as main ingredients.	Completed	13	All foods and beverages sold individually to students during the school day—including those offered through vending machines, student stores, and fundraising activities—must meet Federal Smart Snack regulations. Items sold daily are required to comply with USDA Smart Snack Guidelines, be approved by the School Nutrition Director before the start of the school year, and are monitored regularly throughout the year for compliance.
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:

1. To provide healthy options for students in all aspects of the school day, even outside the cafeteria.	Completed	13	Schools offer fun, non-food items to highlight seasonal events and birthdays in a way that is age appropriate and provides equal opportunity for each student to be involved. When food and beverages are provided during classroom parties, snack time, or for rewards, the provision of healthy food and beverage choices are recommended. School administration follow fundraising procedures to offer healthy food choices or non-food items.
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. To provide students with nutritious food and beverage options during the school day.	Completed	13	Schools only market/advertise foods and beverages that meet nutrition guidelines and Smart Snack standards provide by the USDA. School Nutrition abides by the federally reimbursable school nutrition programs as the major source of foods and beverages offered at school and ensures that all food and beverages sold on the school campus during the school day contributes to an overall healthful eating environment.

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Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. School Principals		
2. Daniel Chappuis	Superintendent	
3. Amanda Kinsey	School Nutrition Director	
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Beth Cannon	CCSD BOE Rep/Parent	
2. Jeremy Jones	CCSD CFO/Parent	
3. Dr. Allen Edwards	CCSD Chief Academic Officer/Parent	
4. Rondesha Williams	CCSD Student Services Director	
5. Dr. Jessica Graves	CCSD Director of Student Achievement	
6. Brenda Walton	School Nutrition Manager/Parent	
7. Lisandra Perez	School Nutrition Manager/Community Rep	
8. Suzanne Sumner	CCSD Director of School Nurses	
9. Dr. Josh Purvis	CCSD Principal/Parent	
10. Jess Patel	CCSD PE/Varsity Sports Coach	
11. Kristen Brogdon	Moultrie YMCA Childcare Director	
Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. CCSD Website (Board > Board Policy Manual)	Every 3 years or as needed	
2. CCSD School Nutrition Webpage	Every 3 years or as needed	

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Colquitt County School District

Date: June 2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	

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10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	In-person meetings are conducted every three years or as needed, with information communicated and discussed virtually when appropriate.
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	

22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	