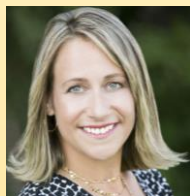
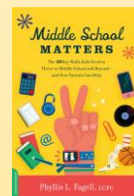




UPCOMING EVENTS



Phyllis Fagell
Middle School Matters: 10 Key Skills Kids Need to Thrive and Prepare for a Changing World on Tuesday, January 12, 7:00 p.m.
Workshop for Professionals How to Bring Out The Best in Students ages 9-15 in a Pandemic on Wednesday, January 13, noon



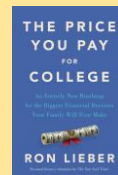
Railroad Safety Panel
 Lanny Wilson, M.D. with local rail and community representatives
 Thursday, January 21, 7:00 p.m.



Dr. John Duffy on Wednesday, January 27
 • **Workshop for Professionals: Understanding Our Student's Stressed, Depressed, and Amazing Adolescence in the Age of Anxiety** at noon
 • **Parenting in the New Age of Anxiety: Understanding Your Child's Stressed, Depressed and Amazing Adolescence**, at 7:00 p.m.



The Price You Pay for College: An Entirely New Road Map for the Biggest Financial Decision Your Family Will Ever Make
 Ron Lieber
 Thursday, February 4, 7:00 p.m.



Being T.H.E.R.E.: Five Ways to Actively Engage Young People
 Shaun Derik, Live Life Well Week Speaker
 Thursday, February 18, 7:00 p.m.



Community Read - Educated: A Memoir
 Tara Westover, author
 in conversation with Chicago Tribune columnist Heidi Stevens
 Tuesday, February 23, 7:00 p.m.



Uplifting All Children to Cultivate Critical Wellness: Race and Culture Matter – Black History Month Special Event
 Dr. Tyrone Howard
 Thursday, February 25, 7:00 p.m.



Catherine Pearlman, PHD, LCSW
Ignore It: Increase Parenting Satisfaction by Selectively Looking the Other Way
 Tuesday, March 2, 7pm
A Workshop for Professionals: One Kind Act Begets Another/ How to Create a Culture of Kindness that Benefits You and Your Students
 Wednesday, March 3, noon



B-PAC/GPS PROGRAMS



Teen Health Update/La salud de los adolescentes está al día
 Dr. Daniel W. Perez & Linda Avila, MA
 Presented in Spanish only on Thursday, February 11, at 7:00 p.m.