



## UPCOMING EVENTS



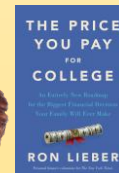
Dr. John Duffy on Wednesday, January 27

- **Workshop for Professionals: Understanding Our Student's Stressed, Depressed, and Amazing Adolescence in the Age of Anxiety** at noon
- **Parenting in the New Age of Anxiety: Understanding Your Child's Stressed, Depressed and Amazing Adolescence**, at 7:00 p.m.



**The Price You Pay for College: An Entirely New Road Map for the Biggest Financial Decision Your Family Will Ever Make**

Ron Lieber in conversation with Terry Savage  
Thursday, February 4, 7:00 p.m.



**Being T.H.E.R.E.: Five Ways to Actively Engage Young People**

Shaun Derik, Live Life Well Week Speaker  
Thursday, February 18, 7:00 p.m.



**Community Read - Educated: A Memoir**

Tara Westover, author  
in conversation with Chicago Tribune columnist Heidi Stevens  
Tuesday, February 23, 7:00 p.m.



**Uplifting All Children to Cultivate Critical Wellness: Race and Culture Matter – Black History Month Special Event**

Dr. Tyrone Howard  
Thursday, February 25, 7:00 p.m.



**Catherine Pearlman, PHD, LCSW**

Ignore It: Increase Parenting Satisfaction by Selectively Looking the Other Way  
Tuesday, March 2, 7pm  
A Workshop for Professionals: One Kind Act Begets Another/ How to Create a Culture of Kindness that Benefits You and Your Students  
Wednesday, March 3, noon



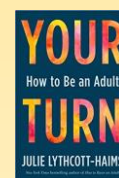
**The Future of Careers and Education: Most Likely to Succeed**

Heather E. McGowan and panel  
Tuesday, March 9, 7:00 p.m.



**Your Turn: How to Be an Adult**

Julie Lythcott-Haims  
Tuesday, March 16, 7:00 p.m.



## B-PAC/GPS PROGRAMS in Spanish



**La salud de los adolescentes está al día**

Dr. Daniel W. Perez & Linda Avila, MA  
el jueves 11 de febrero a las 7:00 pm



**Una Academia de Liderazgo para Padres Hispanos**

Dr. Loudes Ferrer  
el jueves 11 de marzo a las 7:00 pm