

grit2 presents

Connecting Through Conflict with Kirsten Cobabe

via zoom

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www.grit2.org to register



Wednesday, November 16
7:00 pm-8:00pm

Are you butting heads with your child on:
School Attendance?

Homework?

Friends?

Their phone?

What if instead you could learn how to use
these conflicts to drive further connection
with your child?

Join "Teen Whisperer" and Family Coach
Kirsten Cobabe in an interactive virtual
discussion as she answers your questions
to help you cultivate and build better
relationships.

KIRSTEN COBABE

Kirsten supports parents navigate the waves of adolescence while learning how to talk with their teens by becoming authentically curious and truly present. As an advocate for families for two decades, she offers a validating approach coupled with an open-hearted space. Kirsten engages families in fostering rapport and cultivating conscious connections to restore harmony in the home.

grit²
growing resiliency
in teens **together**