

Free Throw Championship

St. Joseph's Knights of Columbus Council #14649

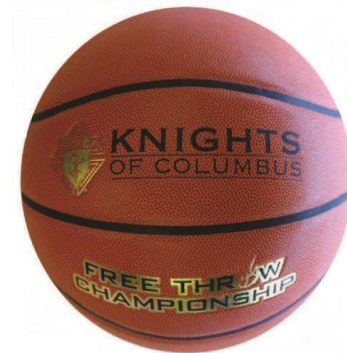
Date: Martin Luther King Day

Monday, January 16, 2023

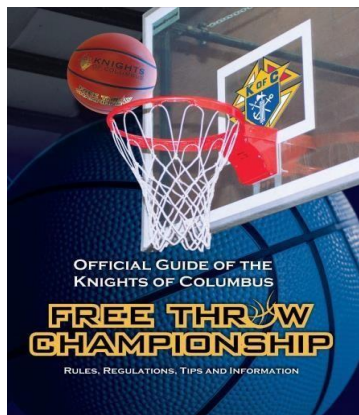
Time: 8:30 a.m. to 11:30 a.m.

Location: St. Joseph's School Gym

4832 Highland Avenue, Downers Grove



Who can compete? Girls and Boys ages 9 to 14. *Entry is Free.*



How do I compete? Each contestant receives three warm-up tosses followed by 15 consecutive Free Throw attempts from the appropriate age-designated foul line

Winners progress through local, district, and state competitions.

International champions are announced by the K of C international headquarters based on scores from the state-level competitions.

Applications will be available at the Free Throw Competition and proof of age is required. (Signature of parent or guardian is required)

Note: In the event of a tie, participants may be required to return to SJS at 11:00 a.m. for a tie-breaker competition. If you choose not to or cannot return, you forfeit your right to advance to District Competition.

Have fun and test your Basketball Free Throwing skills!

Sponsored by the St. Joseph's Knights of Columbus Council #14649

For additional information contact:

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