

# You are not alone!



## YOUR Employee Assistance Program

**6 FREE CONFIDENTIAL**  
counseling sessions for  
employees and family members

**11 LOCATIONS**

**5 LICENSED THERAPISTS**

**NEED SUPPORT?**

**CALL**  
**1-800-747-7262**  
to make a CONFIDENTIAL  
call to EAP

### LOCATIONS

Chesterton • Chicago Heights  
Crawfordsville • Crown Point  
Dyer • Hammond • Lafayette  
Michigan City • Mishawaka  
Munster • Rensselaer

## Providing support for your life's journey

**WE CAN HELP** if you or a family member are

- Feeling stressed
- Having relationship problems
- Wanting to improve your relationship with others
- Concerned about the drinking or drug use by yourself or a loved one

**WE CAN HELP** if your child is

- Having school problems
- Having behavioral issues
- Coping with a divorce

### Client Comments:

“EAP has been a positive experience for me.”

“I have learned so much, and I am better.”

“My therapist made a big impact on my life.”

“I don't know where I would be without EAP.”