



Four Habits Elementary Students Will Need This School Year

Some kids will be learning from home every day and some will be learning from home every other week. When you are doing school but you are not AT school, that is called remote learning or blended learning. Here are some things that will help you succeed when you are learning remotely this school year!

Stay Healthy!

Play outside in the sunshine and fresh air every day.

Eat healthy meals and snacks.

Get your rest by sticking to a regular bed time.

Don't cough or sneeze near anyone and don't let others cough or sneeze around you.

Wash your hands with soap and water several times a day.

Wear a mask and stay six feet apart when you are around people who don't live with you.

Get In On the Action!

You have to learn new things and practice things you already know every day.

When you are doing remote learning you need to go into Google Classroom and do assignments every day.

If you don't have good internet at home, your teacher will show you what to do so you can still do school work every day.

If you are doing a Google Meeting with your teacher and your class, speak up and ask questions. Make comments, but do NOT interrupt! Type things in the chat bar or use the microphone.

Show your stuff! Upload pictures or videos of your work to show what you have learned.

Make Yourself An Office!

Organize your workspace. Have all your supplies where you can find them each day.

Work in a quiet space so you can stay focused.

Ask for headphones if you need them to help reduce noise and make it easier to listen to your teacher.

Take good care of your Chromebook. It is your most important tool.

Ask for Help! *We all need it sometimes.*

If you don't understand school work, ask your teacher. Your family can call her or him or you can ask questions during Google Meetings or using email.

If you feel sad or lonely, ask your family or your teacher to let you talk to your school counselor. He or she can really help.

If you feel sick, ask your family or your teacher to let you talk to the school nurse or your family doctor.