Lincoln Elementary is a Peanut and Tree Nut Free School!

When choosing peanut/tree nut free foods, it is important to always check the label on the package to make sure it free of peanuts and nuts of all kinds. This list is only to serve as a resource. It is in no way complete and is subject to manufacturer recalls and mislabeling. Manufactures may have changed their equipment or product line since you last purchased an item. Please read labels each time you purchase an item.

Please make every effort to make sure that snacks brought to school are healthy.

Fresh fruits and vegetables

Raisin, plain

Craisins, plain

Applesauce

Fruit cups

Sting Cheese

Cheese cubes

Nutra Grain Bars (apple, cherry &

blueberry)

Pop Tart

Fruit snacks

Rold Gold Pretzels

Teddy Grahams (chocolate, honey,

chocolate chip and cinnamon)

Animal Crackers

Rice Krispy Treats, plain only

Sun Chips

Popcorn-Pop Secret, Orville Redenbacher

Honey Maid Grahams & Sticks-Cinnamon &

Honey

Ritz Crackers, plain or bistro (not Ritz Bits)

Sunshine Cheez-Its

Triscuits, plain

Goldfish-plain, pretzel or cheddar

Saltines

Nilla Wafers

Wheat Thins, plain

Keebler Town House Crackers

Kraft Handi Snacks Crackers w/ cheese dip

Kraft Handi Snacks vanilla or chocolate

pudding

Dole Fruit-n-Gel Bowls

Del Monte Fruit and Gel To-Go Bowls

Yogurt—Danimals drinkables, Gogurt &

Yoplait

