



December Oak Lawn Lunch Menu



Lunch \$ 3.05

Milk .60¢

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Turkey & Cheese Sub Sweet Corn Marinated Green Beans Fruit of the Day	2 Pepperoni Pizza Garlic Roasted Carrots Leafy Green Salad Fruit of the Day
5 Crispy Chicken w/ Biscuit Steamed Carrots Celery Sticks Fruit of the Day	6 Chicago Style All Beef Hot Dog Vegetarian Beans Broccoli Florets Fruit of the Day	7 Late Start Grilled BBQ Chicken Sandwich Spiral Fries Grape Tomatoes Fruit of the Day	8 Cheesy Pasta Bake-V Garlic Bread Seasoned Green Beans Leafy Green Salad Fruit of the Day	9 Cheesy Beef Nachos Chili Lime Sweet Corn Zesty Salsa Fruit of the Day
12 Sloppy Joe Sandwich Garlic Roasted Carrots Fresh Made Coleslaw Fruit of the Day	13 French Toast Sticks w/ Sausage Tater Tots Celery Sticks Fruit of the Day	14 Pizza Dippers w/ Marinara Sauce Mixed Vegetables Leafy Green Salad Fruit of the Day	15 Chicken Quesadilla Seasoned Black Beans Baby Carrots Fruit of the Day	16 Baked Potato w/ Cheese Soft Pretzel Steamed Broccoli Sliced Cucumbers Fruit of the Day
19 Yang's Orange Chicken w/ Brown Rice Seasoned Green Beans Baby Carrots Fruit of the Day	20 Beef Soft Tacos Fiesta Beans Sliced Bell Peppers Fruit of the Day	21 Homemade Mac N' Cheese-V Soft Pretzel Rod Steamed Broccoli Grape Tomatoes Fruit of the Day	22 Chicken Nachos Sweet Corn Black Beans Fruit of the Day	23 Grilled BBQ Chicken Sandwich Smiley Fries Leafy Green Salad Fruit of the Day
26 No School	27 No School	28 No School	29 No School	30 No School

We are Hiring!
We Need Cooks, Managers, Food Servers and Drivers!
 You will love the work schedule!
 No nights or weekends!
 Holidays off!
 Apply at:  Online

Daily Options
 Garden Salad w/ Roll
 Monday-Juicy Cheeseburger
 Tuesday-Crispy Chicken Nuggets w/ Goldfish
 Wednesday-Mini Corn Dogs
 Thursday-Crispy Chicken Sandwich
 Friday-Cheese Pizza

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!

  For more information or to "Ask the Dietitian", check out our website!

Included with Every Meal
Fruit and Vegetable
Choice of Milk

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

V= Vegetarian
 (*) Contains or may contain Pork