

Cougar

COMMUNICATIONS

Friday, September 11, 2026

Good Morning, Cougars!

Today is September 11, the 25th Anniversary of 9/11. Please join me in a moment of silence.

PLEDGE OF ALLEGIANCE

Lunch Today - Papa Murphy's Pizza, Salad Bar, and Fruit

STUDENTS: Again, you are not to take food from the salad bar to give away to others, nor should you be asking others to give you food if you are not choosing to get up and get lunch for yourself. Also please remember that Ms. Rita, Ms. Kristen, and Ms. Bonnie are there to monitor and supervise; it is your responsibility to clean up after yourself, both in the cafeteria and on the playground.

Breakfast Monday -Fruit and Yogurt Parfait

CAMPUS EVENTS:

- Last call: Please bring any Fund Raising forms and money collected to the office now! We will not be able to take any order forms after Good Things.
- Pictures will be taken today during PE/ staff please be sure to take your pictures too!
- Thank you to those that got to your Launch class on time at the end of the day yesterday!
- Congratulations to the Cross Country team; Angel, Maisie, Cora, and Brantley each earned ribbons and finished in the top 10! That's over half of the team earning ribbons! Way to go Cougars!
- Volleyball practice today at 3:30 for A team and 4:00 for B team

Happy Friday and have a wonderful weekend!

Make it a great day, Cougars!

Work Hard, Be Kind, Make Good Choices, and Do Good Things!

Cougar

COMMUNICATIONS

Thursday, September 10, 2026

Good Morning, Cougars!

PLEDGE OF ALLEGIANCE

Lunch Today - Sloppy Joes, Salad Bar, Fries, Fruit

STUDENTS: If you are taking a school lunch, it is FOR YOU ONLY, you may not take extras to give away to others that choose not to go through the line. On the other hand, if you are not getting lunch, you may NOT ask others to get salad bar items for you. As a reminder, school lunch and breakfast are no charge for students, there is no need to share, please use the salad bar and cafeteria correctly.

Breakfast Tomorrow -Cinnamon Roll, Fruit

CAMPUS EVENTS:

- Last call: Please turn in any Fund Raising forms and money collected to your Good Things/ Homeroom teacher no later than tomorrow! We will not take any order forms after tomorrow morning.
- Reminder students that after electives you MUST report back to your homeroom teacher for LAUNCH, roll is being taken and skipping will get you assigned detention and/or Saturday School! Go To Class!
- While they didn't come away with a win, Williams and Sophia both came away with a goal each against Vista yesterday! The A volleyball team had a good showing as well with Selena and Alessa making some great plays. And a huge congratulations to the B volleyball team for taking home the win! Good job to all!
- Volleyball and soccer practices are from 3:30-5:30 today
- Cross Country meet today at Enterprise Park; Good Luck to all of our amazing athletes!
- Picture day is tomorrow, Friday, September 11

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COMMUNICATIONS

Wednesday, September 9, 2026

Good Morning, Cougars!

PLEDGE OF ALLEGIANCE

Lunch Today - Chicken, Rice, and Bean Burrito, Salad Bar, Fruit

Breakfast Tuesday -Breakfast Taco, fruit

CAMPUS EVENTS:

- Please turn in any Fund Raising forms and money collected to your Good Things/ Homeroom teacher.
- You may have noticed more teachers out and about today and more classroom doors open this morning. If you need extra help, want to work in a quiet room, get caught up, or just be inside your classroom, take a look to see if your teacher has their door open for you at 8:30, or hang out with them out on the playground!
- Volleyball and soccer games today vs. Vista
- Soccer team and B volleyball will be released at 2:45 for pickup for the games. WAIT to be called to the library!
- Cross Country practice today from 3:15 - 4:00 PM
- Picture day is Friday, September 11.

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COMMUNICATIONS

Tuesday, September 8, 2026

Good Morning, Cougars!

PLEDGE OF ALLEGIANCE

Lunch Today - Mac & Cheese, Salad Bar, Fruit

Breakfast Tuesday - Homemade Muffin

CAMPUS EVENTS:

- Please turn in any Fund Raising forms and money collected to your Good Things/ Homeroom teacher.
- You may have noticed more teachers out and about today and more classroom doors open this morning. If you need extra help, want to work in a quiet room, get caught up, or just be inside your classroom, take a look to see if your teacher has their door open for you at 8:30, or hang out with them out on the playground!
- Leadership students please bring your Chromebooks to class with you today
- Volleyball practice 3:30 - 5:30 PM
- A team volleyball meeting in Room 102 (Costello) @ lunch
- Soccer practice 3:30 - 5:00 PM
- Cross Country practice today from 3:15 - 4:00 PM
- Picture day is Friday, September 11.

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