



# Swimming Lessons

## SPRING 2024!

Swimming lessons will begin in March. We will run three sessions, March, April and May. The following timeslots are available each month (March, April, May). Hurry, space is limited to 10 children per level per time slot. Register on-line: <https://perrypirates.org/swimming-lessons-at-the-pac-spring-2024/>

### **Tuesdays and Thursdays (NO Class on**

**Tues. 3/12)**

**7 classes per month; \$50 /PAC member;  
\$60/Non-Member**

Classes offered from 5:30-6:00pm

Parent and Child

Level 1

Level 2

Level 3

Family Open Swim 6:00-6:30pm

Children enrolled in swim lessons  
(either time slot) and their families  
are welcome to swim with an adult  
during this time.

Classes offered from 6:30-7:00pm

Level 1

Level 2

Level 3

Competitive Swim Lessons

### **Saturdays (NO Saturday classes in May)**

**4 classes per month; \$35/PAC member;  
\$45/Non-Member**

Classes offered from 10-10:30am

Parent and Child

Level 1

Level 2

Level 3

Family Open Swim 10:30 – 11am

Children enrolled in swim lessons  
(either time slot) and their families  
are welcome to swim with an adult  
during this time.

Classes offered from 11-11:30am

Level 1

Level 2

Level 3

Competitive Swim Lessons

If you are unsure about which class to sign up for, sign up for level 1, and instructors will assist in placement.

**Parent and Child** – Mom or dad (or other adult) in the water with their child, usually 4 years old and younger, singing songs and becoming acquainted with the pool under direction of Instructor.

**Level 1** – taught without parents around age 5-6, allows children to gain basic aquatic skills

**Level 2** – learning to float on their own, kick with a board, and begin basic arm movements for front crawl and backstroke.

**Level 3** – learn to dive, swim front crawl and backstroke for a length of the pool, tread water and learn basic rescue skills.

**Competitive Swim Lessons** – Continuing skills from level 3, as well as learning breaststroke and butterfly in an effort to become future members of the swim team.