

Food Resources for the Month of November 2025



Clear Lake
gleaners inc.



LAKE COUNTY
HELPING HAND
FOOD
PANTRY

REDWOOD EMPIRE
FOOD BANK

IMPORTANT INFORMATION

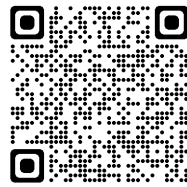
Confirmation of food distribution is not always possible. For up-to-date information, please visit the Gleaners, Redwood Empire Food Bank, and Helping Hands websites. This information is subject to change and is provided as a guide for families to access food resources

*Times and Locations are Subject to Change *

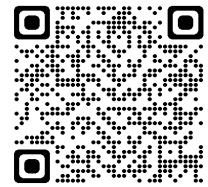
* Weather Conditions & Holidays may affect distribution dates*

PLEASE VISIT THE WEBSITE BELOW OR SCAN THE QR CODE FOR UP-TO-DATE WEBSITE INFORMATION

Lake County Helping Hand
SCAN HERE OR VISIT:
<https://lchelpinghand.com/>



Redwood Empire Food Bank
SCAN HERE OR VISIT:
<https://getfood.refb.org/>



Date	Location	Address	Food Box	Senior Basket	Daily Essentials	Hot Meals
Sun. Nov. 2	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Mon. Nov. 3	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
Tue. Nov. 4	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Redbud Park	14655 Ball Park Ave, Clearlake	9:30am-10:30am		9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Wed. Nov. 5	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
	Gleaners - First Lutheran Church	3836 Country Club Dr, Lucerne	8:00am-10:00am			
	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 – (Cross Street is Lakeview Dr, Nice)	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolf Creek Rd, Spring Valley	8:00am-10:00am			
	REFB - Lower Lake Park Seniors Only 60 + Years	Corner of 2 nd Street and Mill Street, Lower Lake		9:30am-10:30am		
	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			

Thur. Nov. 6	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Fri. Nov. 7	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
Sun. Nov. 9	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Mon. Nov. 10	Helping Hand - Big Oak Peer Support Center Call to confirm 707-413-8363	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Until Food is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
Tue. Nov. 11	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM-5:30PM			
	REFB - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
Wed. Nov. 12	REFB - Seventh Day Adventist Church Seniors Only 60 + Years	1111 Park Way, Lakeport		9:30am-10:30am		
	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Thur. Nov.13	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Fri. Nov. 14	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
Sun. Nov. 16	United Christian Parish	745 North Brush St, Lakeport				4:00pm-5:00pm
	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Mon. Nov. 17	Helping Hand	525 N. Main Street, Lakeport <i>(Located behind Chesty's Family Pets Store)</i>	10:00am-Until Food is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
Tue. Nov. 18	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Redbud Park	14655 Ball Park Ave, Clearlake	9:30am-10:30am		9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			

	Upper Lake Seniors Support Services Building Seniors Only 60 + Years	9470 Mendenhall Ave, Upper Lake <i>(Bring bags for produce, staple goods, bread & toiletries available)</i>	10:00am-10:30pm			
Wed. Nov. 19	REFB - Lower Lake Park Seniors Only 60 + Years	Corner of 2 nd Street and Mill Street, Lower Lake		9:30am-10:30am		
	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	Middletown United Methodist Emergency services only Please call 707-987-3379	15833 Armstrong St, Middletown	4:00pm-6:00pm			
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Thur. Nov. 20	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 <i>(Cross Street is Lakeview Dr, Nice)</i>	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolfcreek Rd, Spring Valley	8:00am-10:00am			
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	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Fri. Nov. 21	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
Sun. Nov. 23	United Christian Parish	745 North Brush St, Lakeport				4:00pm-5:00pm
	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Mon. Nov. 24	Helping Hand - Big Oak Peer Support Center Call to confirm 707-413-8363	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Until Food is Gone			
	Helping Hand-Community Peer Support Center-La Voz de Esperanza	3725 Pearl Avenue, Clearlake	10:00am-Until Food is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	St. Peter's Catholic Church	4085 Main Street, Kelseyville <i>(Early arrival by 3:30pm is preferred)</i>				4:00pm-6:00pm
Tue. Nov. 25	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM-5:30PM			

	REFB - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
Wed. Nov. 26	REFB - Seventh Day Adventist Church Seniors Only 60 + Years	1111 Park Way, Lakeport		9:30am-10:30am		
	Lucerne Alpine Senior Center Seniors Only 60 + Years	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Thur. Nov. 27	Middletown United Methodist	15833 Armstrong St, Middletown				4:00pm-6:30pm
Sun. Nov. 30	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			

Gleaners:

- **All Gleaners locations** are drive-thru; please leave pets at home when you come to pick up food.
- **Clear Lake Gleaners Finley** - If you miss the bi-monthly distribution, they are open Mondays, Wednesdays & Fridays for emergency food from 8:00am-11:30am or until food runs out. Emergency food distribution will be closed on regular distribution days.

Senior Basket:

- Box of staple food items for low-income seniors 60 or older; bring ID to apply on site.

Daily Essentials: Diapers

- Available for families with children 4 years old and under.

Redwood Empire Food Bank (REFB):

- Donations provided by the Redwood Empire Food Bank
 - **Online at www.refb.org under the "GET FOOD" tab**
 - **Apply by phone at (707) 523-7903**
 - **Or at any Redwood Empire Food Bank distribution site**

Senior Resources (60 + years of age)

- ❖ **Middletown Senior Center Hot Lunch only:** Please call (707) 987-3113 by 10:00am for 12:00pm-12:30pm, Dine-in only, Monday-Friday. Client intake form can be filled out at, 21256 Washington St, Middletown. Vaccination is required to dine-in.
 - **Meals on Wheels:** Delivered from 11:00 AM to 1:00 PM Monday-Friday to eligible homebound seniors only. The client Intake form can be completed by phone by calling (707)-987-3113.
- ❖ **Lakeport Seniors Center Hot Lunch Only:** 527 Konocti Ave. Lakeport. Monday-Thursday. 11:30AM-12:30PM. Dine in only, 60 years & over \$5 recommended donation, 60 years & under \$7 Mandatory fee.
 - **Meals on Wheels:** Frozen Meals Delivered Monday-Thursday to North Shore Seniors only. Register by calling 707-263-4218.
- ❖ **Lucerne Alpine Senior Center:** Lunch Served 11:30am- 12:30pm, Tuesdays-Fridays, 3985 Country Club Dr, Lucerne, 707-274-8779. Seniors 60+ and their caregivers accompanying them. (\$5 donation suggested). Persons less than 60 may have lunch for \$10.
 - **Meals On Wheels:** The Meals on Wheels program is currently being managed by the Lakeport Senior Center. Please contact them by calling: 707-263-4218
- ❖ **Clearlake Senior Center:** Lunch served Monday through Friday 11:30am-12:30pm, suggested contribution-seniors 60+ \$5.00, under 60 \$10.00, Under 12 Years old \$4.00.

- The Clearlake Senior Center is undergoing renovations and services have been temporarily relocated to: **Clearlake Masonic Lodge, 7100 S Center Dr, Clearlake** (707) 994-3051
- ❖ **Live Oak Senior Center:** 12502 Foothill Blvd. Clearlake Oaks. Monday through Friday 11:30am-12:30pm, seniors 60+. Sit down lunches begin promptly at 11:30 am. No take-out meals (grab & go).
 - **Meals-On-Wheels:** for seniors (60+) who are physically or mentally disabled and unable to shop and/or prepare their own meals. Serves seniors in the Clearlake Oaks and Glenhaven zip codes. Please contact them by calling: 707-998-1950

Local Farmers' Markets: *Dates and times are subject to change*

Location	Months	Day(s) & Time
The Saturday Morning Market at The Shannon Mercantile - 4350 Thomas Dr. Lakeport	Year Round	Saturday 10am-1pm

Student Resources (College Student's Only)

- ❖ **Woodland Community College Basic Needs Center:** Lake County Campus, Room 800. Free resources like personal care items, instructional supplies, food, snacks & some clothing items are available to students only. Monday-Wednesday 10:00-3:00, Tuesday & Thursday 9:00am-1:00pm. By appointment only. Call 707-995-7924 for an appointment.
- ❖ **Mendocino Community College Lake Center:** To access the Food Pantry, students fill out a simple request card and present it to the Lake Center Assistants at the registration windows. Cards are in the learning commons at the Lake Center, or you can ask a Center Assistant. Monday-Thursday 8:30am-6:30pm & Friday 8:30am-2:00pm. (707) 263-4944, FOOD PANTRY services are FREE for all MC students.

CalFresh Information

You Can Apply Anytime:

- Online at www.benefitscal.com
- Drop boxes on site at 15975 Anderson Ranch Parkway, Lower Lake, CA 95457
- Phone by calling 707-995-4200 or faxing to 707-995-4204
- Mail to P.O. Box 9000, Lower Lake, CA 95457

Qualified emergency applications will be processed within mandated timeframes

- For CalFresh, it can take up to **30 days** to process your application. You may be able to get benefits within **3 calendar days if you meet certain criteria**. Your application will be reviewed to see if it meets the criteria to be processed within 3 calendar days. If an Eligibility Specialist determines you are not entitled to expedited processing, you may ask for a meeting with an Eligibility Supervisor to review this decision.

Note: Name, address, and signature are required for an application to be considered complete, but we encourage you to complete as much information on this application as you can to assist with timely processing.

PROVIDERS: If you have information regarding food distributions in Lake County or updates to this list, please contact Lake County Department of Social Services at (707) 995-9015.

Food Resources for the Month of Noviembre 2025



**Clear Lake
gleaners inc.**



**LAKE COUNTY
HELPING HAND
FOOD
PANTRY**

**REDWOOD EMPIRE
FOOD BANK**

INFORMACIÓN IMPORTANTE

La confirmación de la distribución de alimentos no siempre es posible. Para obtener información actualizada, visite los sitios web de Gleaners, Redwood Empire Food Bank y Helping Hands. Esta información está sujeta a cambios y se proporciona como una guía para que las familias accedan a los recursos alimentarios.

Los horarios y lugares están sujetos a cambios

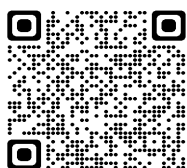
Las condiciones climáticas y los días festivos pueden afectar las fechas de distribución

VISITE EL SITIO WEB A CONTINUACIÓN O ESCANEE EL CÓDIGO QR PARA OBTENER INFORMACIÓN ACTUALIZADA DEL SITIO WEB

Lake County Helping Hand

ESCANEE AQUÍ O VISITE:

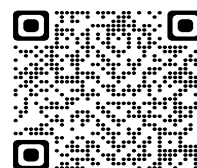
<https://lchelpinghand.com/>



Redwood Empire Food Bank

ESCANEE AQUÍ O VISITE:

<https://getfood.refb.org/>



Fecha	Ubicación	Dirección	Caja de alimentos	Canasta para persona mayores	Esencia les diarios	Comidas Calientes
Dom. Nov. 2	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Lun. Nov. 3	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
Mart. Nov. 4	Lucerne Alpine Senior Center <i>Mayores de edad Solo 60 + Años</i>	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Redbud Park	14655 Ball Park Ave, Clearlake	9:30am-10:30am		9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Mierc. Nov. 5	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
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	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 – (La calle cruce Lakeview Dr, Nice)	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolf Creek Rd, Spring Valley	8:00am-10:00am			

	REFB - Lower Lake Park Mayores de edad Solo 60 + Años	Esquina de 2nd St y Mill Street, Lower Lake		9:30am- 10:30am		
	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am- 12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am- 11:00am			
Juev. Nov. 6	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am- 12:30pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm- 6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am- 11:00am			
Viern. Nov. 7	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am- 12:30pm
	REFB - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am- 10:30am	9:30am- 10:30am	9:30am- 10:30am	
Dom. Nov. 9	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm- 1:00pm			
Lun. Nov. 10	Helping Hand - Big Oak Peer Support Center Llame para confirmar 707-413- 8363	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am- Until Food is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm- 6:30pm
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	United Christian Parish	745 North Brush St, Lakeport	10:00am- 11:00am			
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM- 5:30PM			
	REFB - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am- 10:30am	9:30am- 10:30am	9:30am- 10:30am	
Mierc. Nov. 12	REFB - Seventh Day Adventist Church Mayores de edad Solo 60 + Años	1111 Park Way, Lakeport		9:30am- 10:30am		
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Viern. Nov. 14	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am- 12:30pm
Dom. Nov. 16	United Christian Parish	745 North Brush St, Lakeport				4:00pm- 5:00pm
	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm- 1:00pm			
	Helping Hand	525 N. Main Street, Lakeport	10:00am- Until Food			

Lun. Nov. 17		(Ubicado detrás de la tienda de mascotas Chesty's Family)	is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
Mart. Nov. 18	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	REFB - Redbud Park	14655 Ball Park Ave, Clearlake	9:30am-10:30am		9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Upper Lake Seniors Support Services Building Mayores de edad Solo 60 + Años	9470 Mendenhall Ave, Upper Lake <i>(Traiga bolsas para productos, alimentos básicos, pan y artículos de tocador disponibles)</i>	10:00am-10:30pm			
Mierc. Nov. 19	REFB - Lower Lake Park Mayores de edad Solo 60 + Años	Esquina de 2nd St y Mill Street, Lower Lake		9:30am-10:30am		
	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am-12:30pm
	Middletown United Methodist Servicios de Emergencia solamente hable a 707-987-3379	15833 Armstrong St, Middletown	4:00pm-6:00pm			
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
Juev. Nov. 20	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
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	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
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Viern. Nov. 21	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am-12:30pm
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	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm-1:00pm			
Lun. Nov. 24	Helping Hand - Big Oak Peer Support Center Llame para confirmar 707-413-8363	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Until Food is Gone			

	Helping Hand- Community Peer Support Center-La Voz de Esperanza	3725 Pearl Avenue, Clearlake	10:00am- Hasta que se acabe la comida			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm- 6:30pm
	St. Peter's Catholic Church	4085 Main Street, Kelseyville <i>(preferido que llegue antes de las 3:30 pm)</i>				4:00pm- 6:00pm
Mart. Nov. 25	Lucerne Alpine Senior Center Mayores de edad Solo 60 + Años	3985 Country Club Dr, Lucerne				11:00am- 12:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am- 11:00am			
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	REFB - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am- 10:30am	9:30am- 10:30am	9:30am- 10:30am	
Mierc. Nov. 26	REFB - Seventh Day Adventist Church Mayores de edad Solo 60 + Años	1111 Park Way, Lakeport		9:30am- 10:30am		
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Dom. Nov. 30	United Methodist Church	14521 Pearl Ave Clearlake, CA 95422	12:15pm- 1:00pm			

Gleaners:

- **Todas las ubicaciones de Gleaners ofrecen servicio en el auto;** deje a sus mascotas en casa cuando venga a recoger su comida.
- **Clear Lake Gleaners Finley** - Si se pierde la distribución bimensual, están abiertos los lunes, miércoles y viernes para alimentos de emergencia de 8:00 a.m. a 11:30 a.m. o hasta que se agoten los alimentos. La distribución de alimentos de emergencia estará cerrada los días regulares de distribución.

Canasta para Señores Mayores de edad:

- Caja con alimentos básicos para personas mayores de 60 años y bajos ingresos; traiga una identificación para solicitar en el sitio.

Elementos esenciales diarios: Pañales

- Disponible para familias con niños de 4 años o menos.

Redwood Empire Food Bank (REFB):

- Donaciones proporcionadas por el Banco de Alimentos de Redwood Empire
 - **En línea en www.refb.org en la sección "OBTENER COMIDA"**
 - **Solicite por teléfono al (707) 523-7903**
 - **O en cualquier sitio de distribución del Banco de Alimentos de Redwood Empire**

Recursos para Personas Mayores (60+ años de edad)

- **Middletown Senior Center Solo almuerzo caliente:** Llame al (707) 987-3113 antes de las 10:00 a.m. para las 12:00 p.m. a las 12:30 p.m., solo para cenar, de lunes a viernes. El formulario de admisión de clientes se puede completar en 21256 Washington St, Middletown. Se requiere vacunación para cenar en el restaurante.
- ❖ **Meals on Wheels:** Se entrega de 11:00 a. m. a 1:00 p. m. de lunes a viernes solo para personas mayores elegibles confinadas en casa. El formulario de admisión del cliente se puede completar por teléfono llamando al (707)-987-3113.
 - **Lakeport Seniors Center Solo almuerzo caliente:** 527 Konocti Ave. Lakeport. De lunes a jueves. 11:30 a.m. a 12:30 p.m. Cenar en el restaurante solamente, 60 años y más \$5 donación recomendada, 60 años y menos \$7 Tarifa obligatoria.
 - **Meals on Wheels:** Comidas congeladas entregadas de lunes a jueves solo para personas mayores de North Shore. Regístrese llamando al 707-263-4218.
 - **Lucerne Alpine Senior Center:** Almuerzo servido de 11:30 a.m. a 12:30 p.m., de martes a Viernes, 3985 Country Club Dr, Lucerna, 707-274-8779. Personas mayores de 60+ años y sus cuidadores que los acompañan. (Se sugiere una donación de \$5). Las personas menores de 60 años pueden almorzar por \$10.
- **Meals On Wheels:** El programa Meals on Wheels está siendo administrado actualmente por el Centro para Personas Mayores de Lakeport. Comuníquese con ellos llamando al: 707-263-4218
- **Clearlake Senior Center** Almuerzo servido de lunes a viernes de 11:30 a.m. a 12:30 p.m., contribución sugerida: personas mayores de 60+ \$ 5.00, menores de 60 \$ 10.00, menores de 12 años \$ 4.00.
- El Centro para Personas Mayores de Clearlake se encuentra en proceso de renovación y los servicios se han reubicado temporalmente en: **Clearlake Masonic Lodge, 7100 S Center Dr, Clearlake (707) 994-3051**
- ❖ **Centro para personas mayores de Live Oak:** 12502 Foothill Blvd. Clearlake Oaks. De lunes a viernes de 11:30 a.m. a 12:30 p.m., personas mayores de 60+. Los almuerzos comienzan puntualmente a las 11:30 am. No hay comidas para llevar (para llevar).
 - **Meals-On-Wheels:** para personas mayores (60+) que tienen discapacidades físicas o mentales y no pueden comprar y/o preparar sus propias comidas. Atiende a personas mayores en los códigos postales de Clearlake Oaks y Glenhaven. Comuníquese con ellos llamando al: 707-998-1950

Mercados de agricultores locales: *Las fechas y horarios están sujetos a cambios*

Ubicación	Meses	Día(s) y hora
El mercado de los sábados por la mañana en The Shannon Mercantile - 4350 Thomas Dr. Lakeport	Durante todo el año	Sábado 10am-1pm

Recursos para estudiantes (solo para estudiantes universitarios)

- ❖ **Woodland Community College Centro de Necesidades Básicas:** Campus del Condado de Lake, Salón 800. Los recursos gratuitos como artículos de cuidado personal, suministros de instrucción, alimentos, refrigerios y algunas prendas de vestir están disponibles solo para los estudiantes. Lunes a miércoles de 10:00 a 3:00 p.m., martes y jueves de 9:00 a.m. a 1:00 p.m. Solo con cita previa. Llame al 707-995-7924 para programar una cita.
- ❖ **Mendocino Community College Lake Center:** Para acceder a la Despensa de Alimentos, los estudiantes llenan una tarjeta de solicitud simple y la presentan a los Asistentes del Centro del Lago en las ventanillas de registro. Las tarjetas están en los espacios comunes de aprendizaje en el Centro del Lago, o puede preguntarle a un Asistente del Centro. Lunes a jueves de 8:30 a.m. a 6:30 p.m. y viernes de 8:30 a.m. a 2:00 p.m. (707) 263-4944, los servicios de DESPENSA DE ALIMENTOS son GRATIS para todos los estudiantes de MC.

Información de CalFresh

Puedes solicitarlo en cualquier momento:

- En línea en www.benefitscal.com
- Buzones en el sitio en 15975 Anderson Ranch Parkway, Lower Lake, CA 95457
- Por teléfono llamando 707-995-4200 o por fax a 707-995-4204
- Enviar por correo a P.O. Box 9000, Lower Lake, CA 95457

Las solicitudes de emergencia calificadas se procesarán dentro de los plazos obligatorios

- En el caso de CalFresh, puede tardar hasta **30 días** en procesar su solicitud. Es posible que pueda obtener beneficios dentro de **los 3 días calendario si cumple con ciertos criterios**. Su solicitud será revisada para ver si cumple con los criterios para ser procesada dentro de los 3 días calendario. Si un Especialista en Elegibilidad determina que usted no tiene derecho al procesamiento acelerado, puede solicitar una reunión con un Supervisor de Elegibilidad para revisar esta decisión.

Nota: Se requiere nombre, dirección y firma para que una solicitud se considere completa, pero le recomendamos que complete toda la información posible en esta solicitud para ayudar con el procesamiento oportuno.

PROVEEDORES: Si tiene información sobre la distribución de alimentos en el condado de Lake o actualizaciones de esta lista, comuníquese con el Departamento de Servicios Sociales del Condado de Lake al (707) 995-9015.