

# May 2018 Menu

## Carpenter Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Cheesy Beefy Nachos</b>  <b>Cheese Quesadilla with Corn</b> 	2 <b>Quest Plate (Chicken Strips, Mashed Potatoes, Corn &amp; Gravy)</b>  <b>Vegetarian Chopped Salad with Roll</b> 	3 <b>PTO Pizza Day</b>	4 <b>French Toast Sticks with Tater Tots</b>  <b>Ham &amp; Cheese Sub with Chips</b> 
7 <b>Cheeseburger with Tater Tots</b>  <b>Asian Salad with Roll</b> 	8 <b>Meatball Sub with Chips</b>  <b>Caesar Salad with Roll</b> 	9 <b>Quest Plate (Chicken Strips, Mashed Potatoes, Corn &amp; Gravy)</b>  <b>Vegetarian Chopped Salad with Roll</b> 	10 <b>PTO Pizza Day</b>	11 <b>Belgium Waffles with Syrup and Tater Tots</b>  <b>Turkey Cheese Sub with Chips</b> 
14 <b>Chicken Corn Dogs with Chips</b>  <b>Asian Salad with Roll</b> 	15 <b>Cheesy Beefy Nachos</b>  <b>Cheese Quesadilla with Corn</b> 	16 <b>Quest Plate (Chicken Strips, Mashed Potatoes, Corn &amp; Gravy)</b>  <b>Vegetarian Chopped Salad with Roll</b> 	17 <b>PTO Pizza Day</b>	18 <b>French Toast Sticks with Tater Tots</b>  <b>Ham &amp; Cheese Sub with Chips</b> 
21 <b>Cheeseburger with Tater Tots</b>  <b>Asian Salad with Roll</b> 	22 <b>Meatball Sub with Chips</b>  <b>Caesar Salad with Roll</b> 	23 <b>Quest Plate (Chicken Strips, Mashed Potatoes, Corn &amp; Gravy)</b>  <b>Vegetarian Chopped Salad with Roll</b> 	24 <b>PTO Pizza Day</b>	25 <b>Belgium Waffles with Syrup and Tater Tots</b>  <b>Turkey Cheese Sub with Chips</b> 
28 Memorial Day No Class	29 <b>Cheesy Beefy Nachos</b>  <b>Cheese Quesadilla with Corn</b> 	30 <b>Quest Plate (Chicken Strips, Mashed Potatoes, Corn &amp; Gravy)</b>  <b>Vegetarian Chopped Salad with Roll</b> 	31 <b>PTO Pizza Day</b>	

**ALLERGENS:** =Dairy | =Egg | =Gluten | =Peanuts | =Seafood | =Shellfish | =Soy | =Tree Nuts

If you have questions or comments, please email Lindsey Borchers at: [lborchers@d64.org](mailto:lborchers@d64.org).

For nutritional information please visit: [questfmsnutrition.com](http://questfmsnutrition.com)

Menu changes may be necessary at times, please note nutritional needs will be assessed when making substitutions!