



## Home-School Connection: Nurturing Social Emotional Health

To introduce the topics of Social Emotional Learning, the District 64 Superintendent Focus Group on SEL has invited noted expert Dr. Charlene Myklebust to join us in launching this conversation in our community.

Dr. Myklebust will provide an overview of SEL, an introduction to CASEL, and a description of how Second Step addresses students' social-emotional development.

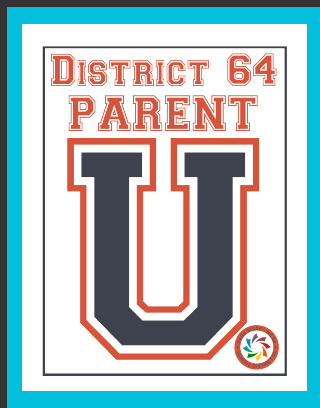
All parents and community members are welcome and encouraged to attend!



Dr. Myklebust is President and Mental Health/Educational Leadership Consultant with Professional Education Pal, LLC. She was recognized for "Outstanding Service" by the Minnesota Association for Children's Mental Health (MACMH) and received the "Educator of the Year" award from the Minnesota Chapter of the National Alliance on Mental Illness (NAMI-MN).

Dr. Myklebust co-facilitates a school administration professional development series called, "A Better Way," designed to reduce exclusionary practices that result in the suspension and exclusion of a disproportionate number of students of color and those with disabilities. She has also helped to author *Mind UP*, a mindfulness curriculum for children and adolescents.

Dr. Myklebust speaks at local and national conferences about various topics including child and adolescent brain development; trauma-informed schools; restorative practices; social-emotional learning (SEL); and alternatives to exclusionary disciplinary responses.



## Tuesday, May 15th – 6:30PM to 8:00PM

Lincoln Middle School  
Learning Resource Center (LRC)  
200 S. Lincoln in Park Ridge

