

COVID-19 RESOURCE LIST
Mental Health/Therapeutic Services
Psychologists, Counselors, and Social Workers
Crisis Services/Psychiatric Services

**District 64 does not endorse any of the sources listed below. The information is for general and informal guidance only.*

Resource Name:	Notes for families re: COVID-19
Group Practices:	
Dr. Michael Athans and Associates 32 Main Street Park Ridge, IL 60068 847-823-4444 Athans and Associates	Offering Telehealth during Covid Crisis
Comprehensive Psychological Services: Dr. Frey & Dr. Grandt-Dudle 3233 N. Arlington Heights Road, Suite 300 Arlington Heights, Illinois 60004 847-632-0334 Comprehensive Psychological Services	Not taking new patients
ACP Consultants Solutions for Positive Growth 1580 N Northwest Hwy, Suite 311D, Park Ridge, IL 60068 847-824-1235 ACP Consultants	ACP Consultants is available to meet with your via phone or video conference
Bellosa Counseling, LLC 350 S Northwest Hwy #347, Park Ridge, IL 60068 847.656.5259 Student Savvy Clubs: Executive Functioning & Social Skills Groups Bellosa Counseling	Virtual Executive Functioning and Social Skills groups offered Offering Telehealth services for anyone
NorthShore Medical Group Dr. Melanie Nadell 49 S. Waukegan Rd., Suite 200 Deerfield, IL 60015 847.400.8455	Providing teletherapy. Call 847-425-6400 to schedule an appointment.
Urban Wellness Denise Gulotta, LCSW 6601 N. Avondale Ave, Suite 101 Chicago, IL 60631 (Edison Park) 773-774-4444 x0 https://urbanwellnesscounseling.com/	Accepting new clients to provide teletherapy: 773-774-4444 intake@urbanwellnesscounseling.com

Urban Wellness has three offices located in Edison Park, Old Irving Park and Sauganash. 30 clinicians.	
The Juniper Center Child and Adolescent Care 1440 Renaissance Dr. Suite 320, Park Ridge, IL 847-759-9110 The Juniper Center	Offering Telehealth services
The Arlington Center 3375 N. Arlington Heights Rd. Arlington Heights, IL 60004 847-577-4530 The Arlington Center	Providing telehealth counseling services to new and existing clients.
Family Institute at Northwestern University 618 Library Place, Evanston, IL 60201 847-733-4300 Family Institute: Chicago Therapists & Counseling	Providing telehealth counseling services to new and existing clients. The Bette D. Harris Family & Child Clinic is currently not accepting new appointments.
Individual Practices:	
Margaret Grau, LCSW 1600 Dempster St. Suite 216 Park Ridge IL, 60068 847-294-6611	Accepting new clients, available via phone or video conferencing.
Dr. Michael McCanna 778 W. Frontage Rd. Suite 123 Northfield, IL 60093 847-501-3440	Seeing clients by phone, please call 847-254-1118 or email michael@mccannamail.com
Matthew Glowiak, PhD, LCPC Counseling Speaks, LLC 1580 N Northwest Hwy, Suite 200, Park Ridge, IL 60068 331-240-0044	Accepting new clients and can offer same day appointments to those in need of urgent support. Telehealth appointments are available to Illinois residents via insurance or sliding scale pay.
Dr. Clark Mckown 4711 Golf Road #1100, Skokie, IL 60076 847-933-9339	Accepting new clients and providing teletherapy
Township/Local Community Resources:	
MaineStay Youth and Family Center 1700 Ballard Rd. Park Ridge, IL 60068 847-297-2510 MaineStay Youth and Family Center <i>*Accepts Medicaid Managed Care plans</i>	Remote psychiatric services for ages 12+. Medicaid recipients welcome, sliding fee scale. Clients can receive phone or video sessions, although the initial assessment session must be done via video. Parents can contact Assistant Director, Naomi Bowman at 224-257-4861 to start the intake process. Email: nbowman@mainetown.com

<p>Niles Family Services 999 Civic Center Drive, 3rd Floor Niles, IL 60714 847-588-8460 Niles Family Services</p>	
<p>Kenneth Young Center 1001 Rohlwing Road Elk Grove Village, IL 60007 Child / Adolescent Services: 847.524.8800 CARES line for crisis (SASS services): 800.345.9049 Kenneth Young Mental Health Services <i>*Accepts Medicaid Managed Care plans</i></p>	<p>Mount Prospect Drop-in Center and Schaumburg locations are closed. Programs are still serving clients. Therapy is still available remotely. Call 847.524.8800.</p>
<p>Family Behavioral Health Clinic 1455 E Golf Road, Suite 105 Des Plaines, IL 60016 Phone: 847.390.3004 Family Behavioral Health Clinic <i>*Accepts Medicaid Managed Care plans</i></p>	
<p>The Josselyn Center 405 Central Ave. Northfield, IL 60093 Phone: 847.441.5600, ext. 156 The Josselyn Center Therapy and psychological testing offered <i>*Accepts Medicaid Managed Care plans</i></p>	
<p>Turning Point Behavioral Health Care Center 8324 Skokie Blvd. Skokie, IL 60077 Phone: 847-933-0051 Turning Point Mental Health Services Outpatient and crisis services offered <i>*Accepts Medicaid Managed Care plans</i></p>	<p>Accepting new clients. Call (847)-933-0051 from 9am-2pm M-F to speak with a billing specialist via phone who will make sure they accept their insurance. We accept BCBS PPO and most Medicaid plans. Then, an intake specialist will call clients within 24 hours to do an intake assessment and get them transferred to our waitlist until they can be assigned a therapist.</p>
<p>Illinois Department of Human Services Call4Calm Text 552-020</p>	<p>Individuals can text "TALK" or "HABLAR" to 552-020. A mental health professional employed by a local health agency will call back within 24 hours.</p>
<p>Crisis Services/Psychiatric Services:</p>	
<p>During the COVID-19 global crisis, call 911 for immediate assistance. Consider calling your local hospital Emergency Room ahead of time for procedures for visiting the hospital. Contact your primary care physician or therapist for guidance for non life-threatening and/or non-urgent needs.</p>	
<p>Park Ridge Police Dept. Non-emergency: 847.318.5252 <i>Call the Park Ridge Police Department and ask to speak with a specially trained officer in mental health concerns (CIT) or the department's Social Worker.</i></p>	<p>Niles Police Dept. Non-emergency: 847-588-6500 <i>Call the Niles Police Department and ask to speak with a specially trained officer in mental health concerns (CIT) or the department's Social Worker.</i></p>

Resource Name:	Notes for families re: COVID-19
<p>AMITA Health Alexian Brothers Behavioral Health Hospital 1650 Moon Lake Blvd. Hoffman Estates, IL 60169 800.432.5005 Alexian Brothers Behavioral Health <i>Inpatient hospitalization and partial-hospitalization programs for children & adolescents</i></p>	<p>Partial Hospitalization Programs are currently being offered virtually. Please contact clinical liaison Renée Bach at 847.755.3244. Renee will direct parents to appropriate assessment/ treatment options. For high risk safety needs; AMITA Health ACCESS department, located at AMITA Health Alexian Brothers Behavioral Health Hospital Hoffman Estates, offers free assessment regarding the level of care needed. assessments 24/7.</p>
<p>Advocate Lutheran General Hospital Behavioral Health/Psychiatric Services 1775 Dempster Street 5th floor, Park Ridge, IL 60068 (847) 723-6570 LGH Psychiatric Services <i>Inpatient hospitalization, partial-hospitalization programs, and outpatient programs for children & adolescents</i></p>	<p>Accepting patients if students are suicidal and brought to ER and evaluated</p> <p>No partial day hospital admissions Current day hospital kids doing remotely</p> <p>Inpatient same as before</p>
<p>Compass Health Center - Northbrook 60 Revere Drive, Suite 100, Northbrook, IL 60062 224.306.1879 <i>Partial Hospitalization and intensive outpatient programs for children & adolescents</i> Compass Health Center</p>	<p>Offering virtual intensive outpatient and partial hospitalization programs Ann Bystedt, LCSW, M.Ed, Director of Child Programs Ann: 224-205-3823 Telehealth at Compass</p> <p>Flyer</p>
<p>Streamwood Behavioral Healthcare System 1400 East Irving Park Road, Streamwood, IL 60107 630-837-9000 Streamwood Hospital <i>Inpatient hospitalization, partial-hospitalization programs, and outpatient programs for children & adolescents</i> *Accepts Medicaid Managed Care plans</p>	<p>If Medicaid eligible, call SASS first. If you have private insurance, call Streamwood first. Partial hospitalization through appointment only. 630-837-5331</p>
<p>Chicago Behavioral Hospital 555 Wilson Lane Des Plaines, IL 60016 (844) 756-8600 Chicago Behavioral Hospital <i>Inpatient hospitalization, partial-hospitalization programs, and outpatient programs for <u>adolescents</u></i></p>	<p>CBH continues to be open 24/7. Call 844.756.8600 for a free assessment 24 hours a day. They are also offering telehealth services for their Intensive Outpatient Program (IOP) and their Partial Hospitalization Program (PHP).</p>