



Spring, 2021

Dear Fifth Grade Parent/Guardian,

*Please read all of the following information carefully, regarding health requirements for 6<sup>th</sup> graders.*

Students entering **Sixth Grade** are required to meet certain health requirements, and must submit written documentation as proof. The following required forms are available at [www.d64.org](http://www.d64.org) under *Departments > Health Services*. **Completed forms should be returned to your child's middle school health office.**

**•Illinois Department of Public Health *Certificate of Child Health Examination***

According to state legislation, all children entering Sixth Grade must present a **Certificate of Child Health Examination**. The **physical examination** must be conducted by a physician licensed to practice medicine in all of its branches, an advanced practice nurse, or a physician assistant within one year preceding the first day of school. **The parent/guardian portion on the reverse side of the form must be completed and signed in order to meet the state requirement.**

All required **immunizations** must be documented on, or attached to this form. A physician's note of medical explanation must be provided for any missing immunizations, or for those not administered at appropriate intervals. School districts are required to submit notes of explanation regarding immunity to the Illinois Department of Public Health for review and recommendation.

The **diabetic screening** portion must be completed by the healthcare provider at the time of the examination. Proper documentation includes completion of the Diabetes Risk Assessment and the Body Mass Index (BMI) on the Certificate form.

In order to facilitate the processing of forms, the *preferred* deadline for submitting the **Certificate of Child Health Examination** is July 31, 2021. ***Students not in compliance with this regulation on or before Friday, October 15, 2021 will be excluded from school attendance beginning Monday, October 18<sup>th</sup>, 2021.***

**Please note and share with your child's healthcare provider:**

*Recent state legislation now requires that children entering kindergarten, **sixth grade**, or ninth grade for the first time must show proof of having received **2 prior doses of varicella (chickenpox) vaccine**. In addition, children entering school **at any grade level** must show proof of having received **two doses each of mumps and rubella vaccine**. (The latter requirement will likely only affect students who received vaccines outside the country. Finally, any child entering **sixth grade** must show proof of receiving one dose of **Tdap (defined as tetanus, diphtheria, acellular pertussis) vaccine** regardless of the interval since the last DTaP, DT or Td dose, one dose of **meningococcal conjugate vaccine** on or after the 11<sup>th</sup> birthday, and three doses of **Hepatitis B vaccine**.*

**•District 64 Interscholastic Athletics Permission Form/Health Form**

Students interested in Interscholastic Sports must provide separate documentation of a physical exam performed within 12 months prior to the start of the sport and must be valid for the duration of the season. Therefore, scheduling an exam appointment after school dismissal in June of 2021 will meet the requirement for all school sports. **The District 64 Interscholastic Athletics Permission Form/Health Form will be required for each school year that your child chooses to participate in sports, and must be submitted before tryouts.**

**•Illinois Department of Public Health *Proof of School Dental Examination Form***

State law also mandates that students entering Sixth Grade have a **dental examination** performed by a licensed dentist. Proof of the examination must be presented by May 15, 2022 and must have been completed within 18 months prior to this date.

**•District 64 *List of Local Medical Resources***- This is for your information only, and does not need to be returned.

**For prompt review and approval of your child's health records, please deliver or mail them to your child's middle school as soon as possible. It is recommended that you keep copies of your child's physical examination forms for your own records.** For any questions, please call your school's Building Nurse. Thank you for your cooperation.

Sincerely,

Margaret Temari, R.N., PEL-CSN  
Facilitator, School Health Services  
Park Ridge/Niles School District 64