

PARENT BOOK CLUB

Emotionally Intelligent Parenting

IN TODAY'S DIGITAL WORLD

Thanks to a grant from the Elementary Learning Foundation, District 64 is pleased to offer parents and adult community members the opportunity to participate in a Book Club focused on:

**“Emotionally Intelligent Parenting:
How to Raise a Self-Disciplined, Responsible, Socially Skilled Child”**
by Elias, Tobias, and Friedlander

The book is available for purchase online as an inexpensive paperback or an e-book. The Book Club is sponsored and facilitated by District 64 staff members.

Tuesday, February 24

6:30 p.m. – 8:30 p.m.

**Washington School (Learning Resource Center)
1500 Stewart Ave., Park Ridge**



Helping District 64 Reach New Heights

Parents will use this informative book as a resource to:

- ✚ Learn how to communicate so your children will *THINK*
- ✚ Apply the five principles of emotional intelligence to successful parenting
- ✚ Address everyday parenting issues – self-control, homework, bedtimes, getting out of the house in the morning, car rides, dishonesty, social issues, and school situations
- ✚ Help your child develop independence and make better – *emotionally intelligent* – choices!



District 64 believes that when parents and schools learn together -- everyone learns more! This year, we are presenting a [series of evenings](#) tailor-made for parents and community members to extend their own learning. Many of the events will be held in advance of Board of Education meetings, to provide additional opportunities for parents and community members to stay for the meeting and learn more about District 64 initiatives and educational issues. Join us!