

WHO TO CONTACT:

IF YOU KNOW OF A BULLYING SITUATION THAT INVOLVES YOUR CHILD, PLEASE CONTACT YOUR CHILD'S TEACHER, SCHOOL ADMINISTRATOR OR SCHOOL SOCIAL WORKER.

Mannheim Middle School

847-455-2050

Enger School

847-455-5299

Roy School

708-562-6400

Scott School

847-455-4818

Westdale School

847-455-4060

C.A.R.E. RULES

1. WE WILL NOT BULLY OTHERS.
2. WE WILL TRY TO HELP STUDENTS WHO ARE BULLIED.
3. WE WILL TRY TO INCLUDE STUDENTS WHO ARE LEFT OUT.
4. IF WE KNOW THAT SOMEBODY IS BEING BULLIED, WE WILL TELL AN ADULT AT SCHOOL AND AT HOME.

TAKE HOME MESSAGE

- TALK WITH YOUR CHILD ABOUT THEIR SCHOOL DAY.
- STOPPING BULLYING TAKES A TEAM EFFORT.

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10401 WEST GRAND AVE
FRANKLIN PARK, IL 60131

MANNHEIM DISTRICT 83
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C.A.R.E. PROGRAM PRINCIPLES

1. ADULTS IN THE SCHOOL SHOW A POSITIVE INTEREST, WARMTH, AND INVOLVEMENT WITH STUDENTS.
2. SET FIRM LIMITS FOR UNACCEPTABLE BEHAVIOR.
3. CONSEQUENCES WILL BE CONSISTENTLY ENFORCED WHEN RULES ARE BROKEN.
4. ADULTS IN THE SCHOOL ACT AS AUTHORITIES AND POSITIVE ROLE MODELS.

GOALS OF THE PROGRAM

- REDUCE EXISTING BULLYING PROBLEMS.
- PREVENT THE DEVELOPMENT OF NEW BULLYING PROBLEMS.
- ACHIEVE BETTER PEER RELATIONS.

TYPES OF BULLYING

- VERBAL
- EXCLUSION
- PHYSICAL
- RUMORS
- DAMAGE
- THREATS
- INTIMIDATION
- RACIAL
- SEXUAL
- CYBER

CLASSROOM MEETINGS

TEACHERS WILL HAVE WEEKLY CLASSROOM MEETINGS THAT FOCUS ON:

- BUILDING A SENSE OF CLASSROOM COHESION AND COMMUNITY.
- TEACHING THE RULES AND CONSEQUENCES OF BULLYING.
- HELPING STUDENTS UNDERSTAND THEIR ROLE IN BULLYING SITUATIONS.
- ADDRESSING ISSUES ABOUT BULLYING AS THEY ARISE.

