

Carb Counts

Neither School District nor Arbor Management, Inc., shall be liable to any person for any physical injury or other adverse consequences which may arise as an alleged result of

July. 2, 2018

| <u>Lunch Entrée</u> | <u>Carb Counts</u> |
|------------------------------------|--------------------|
| Bacon Cheeseburger | 26G |
| Baked Pasta | 29G |
| BBQ Ribbette on a Bun | 42 G |
| Beef and Bean Burrito | 40G |
| Cheese Pizza | 37G |
| Cheese Quesadillia | 31G |
| Cheeseburger on a Bun | 29 G |
| Cheesy Garlic Flatbread | 36G |
| Chicken & Waffle Sandwich | 56G |
| Chicken Nuggets | 9.5G |
| Chicken Quesdillia | 37G |
| Chicken Sandwich | 40 G |
| Chicken Sandwich, Spicy | 39G |
| Chicken Strips/Fingers | 17G |
| Chicken, Popcorn | 10G |
| Corn Bread | 28G |
| Double Stuffed Pizza Crust | 31G |
| Egg and Turkey Sausage on a Muffin | 26G |
| French Toast Sticks | 23G |
| Grilled Cheese | 30G |
| Hamburger on a Bun | 28 G |
| Hot Dog | 30G |
| Macaroni & Cheese | 28G |
| Malibu Chicken Sandwich | 40G |
| Meatball Sub | 37 G |
| Mini Turkey Corn Dogs | 33g |
| Nacho Supreme | 42 G |
| Pancakes | 30G |
| Pasta & Meatballs | 32G |
| Pepperoni Pizza | 33G |
| Pizza Sticks (Max Cheese Sticks) | 34G |
| Pizza, Stuffed Crust Cheese | 38G |
| Pizza, Cheese | 34G |
| Pizza, Turkey Pepperoni | 33G |

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| Pizza, Turkey Sausage | 33G |
| Popcorn Chicken Bowl | 50G |
| Pretzel Stick | 14G |
| Salisbury Steak | 4 G |
| Salisbury Steak Sandwich | 33G |
| Salisbury Steak w/Gravy Mashed Potato's | 18 G |
| Sausage Patty | 0G |
| Sloppy Joe on a Bun | 36G |
| Sloppy with Scoops | 29G |
| Soft Pretzel | 30G |
| Soft Tacos | 33G |
| Stuffed Crust Pizza | 36G |
| Sweet & Spicy Chicken Finger Wrap | 61G |
| Turkey Hot Dog on a Bun | 30 G |
| Walking Taco | 22 G |
| Western Burger | 40G |
| Whole Grain Dinner Roll | 13G |