

Carb Counts

Neither Mannheim School District nor Arbor Management, Inc., shall be liable to any person for any physical injury or other adverse consequences which may arise as an alleged result of any inaccuracy in the estimate of carbohydrates. Manufacturer labels

<u>Lunch Entrée</u>	<u>Carb Counts</u>
Bacon Cheeseburger	26G
Baked Pasta	29G
BBQ Ribbette on a Bun	42 G
Beef and Bean Burrito	40G
Beef Ravioli	30 g
Cheese Quesadilla	40G
Cheeseburger on a Bun	29 G
Cheesy Garlic Flatbread	36G
Chicken & Waffle Sandwich	56G
Chicken Nuggets	9.5G
Chicken Pot Pie	39G
Chicken Quesdillia	37G
Chicken Sandwich	40 G
Chicken Sandwich, Spicy	39G
Chicken Strips/Fingers	17G
Chicken, Popcorn	10G
Egg and Turkey Sausage on a Muffin	26G
Egg Patty	1G
Fiesta Nacho	42 G
French Toast Sticks	23G
Grilled Cheese	30G
Hamburger on a Bun	28 G
Macaroni & Cheese	28G

Malibu Chicken Sandwich	40G
Meatball Sub	39 G
Mini French Toast	37G
Mini Maple Pancakes	35G
Mini Maple Waffles	35G
Mini Turkey Corn Dogs	33g
Pancakes	30G
Pasta & Meatballs	30G
Pizza Cheese Real Slice	32g
Pizza Dippers	34G
Pizza Pepperoni Real Slice	32g
Pizza Sausage Real Slice	32g
Pizza, Stuffed Crust Cheese	38G
Popcorn Chicken Bowl	50G
Salisbury Steak	4 G
Salisbury Steak Sandwich	33G
Sloppy Joe on a Bun	36G
Sloppy with Scoops	29G
Soft Pretzel Stick	14G
Soft Shell Tacos	35 G
Sweet & Spicy Chicken Finger Wrap	61G
Turkey Hot Dog on a Bun	30 G
Turkey Sausage Patty	0G
Turkey Sub w/ Toppings	29 G
Turkey w/ Country Gravy	9G
Walking Taco	22 G
Western Burger	40G