

Mannheim School  
District 83  
Elementary Lunch Menu

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Buffalo Chicken Wrap Or Soft Shell Zesty Tacos <b>Fresh Fruit &amp; Veggie Bar</b>	<b>4</b> Egg Quesadilla Or Maple Madness Pancakes Turkey Sausage Tri-Tater (1) <b>Fresh Fruit &amp; Veggie Bar</b>	<b>5</b> Bacon Cheeseburger Or Stuffed Crust Pizza Tri-Tater (1) <b>Fresh Fruit &amp; Veggie Bar</b>	<b>6</b> Grilled Cheese Or Fiesta Nachos Black Beans & Rice <b>Fresh Fruit &amp; Veggie Bar</b>	<b>7</b> Spicy Chicken Sandwich Or Macaroni & Cheese Seasoned Green Peas <b>Fresh Fruit &amp; Veggie Bar</b>
<b>10</b> Salisbury Steak Sandwich Or Cheesy Garlic Flatbread <b>Fresh Fruit &amp; Veggie Bar</b>	<b>11</b> *BBQ Ribette Or Walking Tacos w/Scoops Beans & Rice <b>Fresh Fruit &amp; Veggie Bar</b>	<b>12</b> <b>Holiday Dinner</b> **Roasted Turkey w/Gravy Mashed Potatoes Seasoned Green Beans <b>Fresh Fruit &amp; Veggie Bar</b> <b>Gingerbread Cookie</b>	<b>13</b> Crispy Chicken on a Roll Or Spaghetti w/Meatballs Seasoned Carrot Coins <b>Fresh Fruit &amp; Veggie Bar</b>	<b>14</b> Juicy Cheddar Burger Or Turkey Sausage Pizza <b>Fresh Fruit &amp; Veggie Bar</b>
<b>17</b> Grilled Cheeseburger Or Meatball Sub on a Roll Tri-Tater (1) <b>Fresh Fruit &amp; Veggie Bar</b>	<b>18</b> **Popcorn Chicken Or Cheesy Hot Dog Sweet Peas <b>Fresh Fruit &amp; Veggie Bar</b>	<b>19</b> Sloppy Joe Scoops Or **Baked Chicken Nuggets Oven Fries <b>Fresh Fruit &amp; Veggie Bar</b>	<b>20</b> Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans <b>Fresh Fruit &amp; Veggie Bar</b>	<b>21</b> **Chicken Tenders Or Turkey Pepperoni Pizza Steamed Broccoli <b>Fresh Fruit &amp; Veggie Bar</b>
<b>24</b> <b>No School</b>	<b>25</b> <b>No School</b>	<b>26</b> <b>No School</b>	<b>27</b> <b>No School</b>	<b>28</b> <b>No School</b>
<b>31</b> <b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>

<b>Lunch</b> (Milk Included with Meal) <b>0.00</b>	<b>Milk Only</b> <b>\$0.55</b>
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Questions about the menu?  
Amber Rumsfeld  
rumsfelda@D83.org  
847-451-2700

For more information or to "Ask the Dietitian", check out our website!




**Available Daily:**

Sun Butter & Jelly Sandwich  
Turkey & Cheese Sub  
Crispy Chicken Salad

(\*) Contains Pork  
(\*\*) Served With a Roll  
Menu changes are occasionally necessary.  
Notice will be given when possible.

This institution is an equal opportunity employer.