

Mannheim School  
District 83  
Elementary Lunch Menu

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Winter Break No School	Winter Break No School	Winter Break No School	Winter Break No School
7	8 <b>Fiesta Day</b>	9	10	11
Beef Ravioli Or Pizza Dippers <b>Fresh Fruit &amp; Veggie Bar</b>	Fiesta Nachos Or Chicken Quesadilla Seasoned Black Beans <b>Fresh Fruit &amp; Veggie Bar</b>	Spicy Chicken Sandwich Or Macaroni & Cheese Seasoned Green Peas <b>Fresh Fruit &amp; Veggie Bar</b>	Bacon Cheeseburger Or Stuffed Crust Pizza Oven Fries <b>Fresh Fruit &amp; Veggie Bar</b>	**Popcorn Chicken Or Cheesy Hot Dog Seasoned Green Beans <b>Fresh Fruit &amp; Veggie Bar</b>
14	15	16	17	18
Walking Taco w/Scoops Or Turkey Pepperoni Pizza Refried Beans <b>Fresh Fruit &amp; Veggie Bar</b>	*BBQ Ribette Or <b>Beef &amp; Bean Chili w/Cornbread</b> Seasoned Carrots <b>Fresh Fruit &amp; Veggie Bar</b>	Grilled Cheeseburger Or Meatball Sub on a Roll Oven Fries <b>Fresh Fruit &amp; Veggie Bar</b>	<b>Buffalo Chicken Wrap</b> Or Soft Shell Zesty Tacos <b>Fresh Fruit &amp; Veggie Bar</b>	Turkey Hot Dog Or Spicy Chicken Sandwich BBQ Veggie Beans <b>Fresh Fruit &amp; Veggie Bar</b>
21	22 <b>Funfetti Cookie Day</b>	23	24	25
<b>No School</b>	Crispy Chicken on a Bun Or Spaghetti w/Meat Sauce Steamed Broccoli <b>Fresh Fruit &amp; Veggie Bar</b>	<b>No Lunch Early Release</b>	<b>Chili Pasta Bake</b> Or **Chicken Nuggets Steamed Cauliflower <b>Fresh Fruit &amp; Veggie Bar</b>	Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans <b>Fresh Fruit &amp; Veggie Bar</b>
28	29	30	31	
Cheese Pizza Or Chicken Nuggets w/ Soft Pretzel <b>Fresh Fruit &amp; Veggie Bar</b>	Crunchy Mini Corn Dogs Or Cheeseburger Steamed Carrots <b>Fresh Fruit &amp; Veggie Bar</b>	**Chicken Tenders Or Turkey Pepperoni Pizza Steamed Broccoli <b>Fresh Fruit &amp; Veggie Bar</b>	Juicy Cheddar Burger Or Turkey Sausage Pizza <b>Fresh Fruit &amp; Veggie Bar</b>	

<b>Lunch</b> (Milk Included with Meal) <b>0.00</b>	<b>Milk Only</b> <b>\$0.55</b>
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Questions about the menu?  
Amber Rumsfeld  
rumsfelda@D83.org  
847-451-2700

For more information or to "Ask the Dietitian", check out our website!




Available Daily:

**Sun Butter & Jelly Sandwich**  
**Ham & Cheese Sandwich**  
**Chef Chicken Salad**

(\*) Contains Pork  
(\*\*) Served With a Roll  
Menu changes are occasionally necessary.  
Notice will be given when possible.

This institution is an equal opportunity employer.