

Mannheim School District 83 Elementary Lunch Menu February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Hot Ham & Cheese Or Cheese Quesadilla Seasoned Corn Fresh Fruit & Veggie Bar
4	5 Chinese New Year	6	7	8
Turkey Hot Dog Or Chicken Sandwich BBQ Veggie Beans Fresh Fruit & Veggie Bar	Spicy Chinese Chicken Pasta Or Double Stuff Pizza Oriental Veggie Blend Fresh Fruit & Veggie Bar	Fiesta Nachos Or Chicken Quesadilla Seasoned Black Beans Fresh Fruit & Veggie Bar	Juicy Cheddar Burger Or Turkey Sausage Pizza Fresh Fruit & Veggie Bar	**Popcorn Chicken Or Cheesy Hot Dog Seasoned Green Beans Fresh Fruit & Veggie Bar
11	12	13	14 Valentine's Day	15
Walking Taco w/Scoops Or Turkey Pepperoni Pizza Refried Beans Fresh Fruit & Veggie Bar	Crispy Chicken on a Bun Or Spaghetti w/Meat Sauce Steamed Broccoli Fresh Fruit & Veggie Bar	Bacon Cheeseburger Or Stuffed Crust Pizza Oven Fries Fresh Fruit & Veggie Bar	**Spicy Chicken Strips Or Soft Shell Zesty Tacos Fresh Fruit & Veggie Bar Strawberry Milk!!	Beef Ravioli Or Pizza Dippers Fresh Fruit & Veggie Bar
18	19 Funfetti Cookie Day	20	21	22
No School	Grilled Cheeseburger Or Meatball Sub on a Roll Oven Fries Fresh Fruit & Veggie Bar	No Lunch Early Release	Chili Pasta Bake Or **Chicken Nuggets Steamed Cauliflower Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Or Fiesta Nachos w/Toppings Refried Beans Fresh Fruit & Veggie Bar
25	26	27	28 National Chili Day	
Cheese Pizza Or Chicken Nuggets w/Soft Pretzel Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Or Cheeseburger Steamed Carrots Fresh Fruit & Veggie Bar	**Chicken Tenders Or Turkey Pepperoni Pizza Steamed Broccoli Fresh Fruit & Veggie Bar	Beef & Bean Chili w/Cornbread Or *BBQ Ribette Seasoned Carrots Fresh Fruit & Veggie Bar	

Lunch (Milk Included with Meal) 0.00	Milk Only \$0.55 (A Variety of Milk is Available Daily)
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Questions about the menu?
 Amber Rumsfeld
rumsfelda@D83.org
 847-451-2700

For more information or to "Ask the Dietitian", check out our website!




Available Daily:

Sun Butter & Jelly Sandwich
 Ham & Cheese Sandwich
 Chef Chicken Salad

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.