



Mannheim School District 83 March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 "New Item " Strawberry Bagel Stuffed Cream Cheese Raisins 100% Fruit Juice
4 No School	5 Cereal Bar Vanilla Sport Grahams Raisins 100% Fruit Juice	6 "New Item" Mini Blueberry Waffle Splash Fresh Fruit 100% Fruit Juice	7 Whole Grain Honey Bun Fresh Fruit 100% Fruit Juice	8 Blueberry Pomegranate Bar Graham Cracker Fresh Fruit 100% Fruit Juice
11 Yogurt Cinnamon Crisp Raisins 100% Fruit Juice	12 Blueberry Pop Tart Applesauce Cups 100% Fruit Juice	13 Delayed Start No Breakfast	14 "New Item " Sunflower Butter and Jelly Sandwich Raisins 100% Fruit Juice	15 Chocolate Chip Oat Bar Raisins 100% Fruit Juice
18 Cinnamon Pop Tart Fresh Fruit 100% Fruit Juice	19 Cereal Bar String Cheese Fresh Fruit 100% Fruit Juice	20 Blueberry Muffin Fresh fruit 100% Fruit Juice	21 "New Item " Mini Strawberry Pancakes Raisins 100% Fruit Juice	22 Cinnamon Bun Fresh Fruit 100% Fruit Juice
25	26	27	28	29

Breakfast
(Milk included with meal)
\$0.00

Milk
\$0.55
A Variety of Milk is Offered Daily

Questions about the menu?
Amber Rumsfeld
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847-451-2704

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork

Menu changes are occasionally necessary. Notice will be given when possible.

