

# Mannheim School District 83 Elementary Lunch Menu March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1
<b>March 13th</b> <b>Enter to win a Jump Rope when you eat lunch!</b>				Hot Ham Cheese Or Cheese Quesadilla Seasoned Corn Fresh Fruit & Veggie Bar
4	5	6 <b>Breakfast for Lunch</b>	7	8
No School	Chicken Parmesan Sandwich Or Double Stuff Pizza Steamed Carrots Fresh Fruit & Veggie Bar	Egg & Cheese Biscuit Or Sausage Biscuit Hash brown Patty Fresh Fruit & Veggie Bar	Juicy Cheddar Burger Or Turkey Sausage Pizza Fresh Fruit & Veggie Bar	**Popcorn Chicken Or Macaroni & Cheese Seasoned Green Beans Fresh Fruit & Veggie Bar
11	12	13	14	15
Walking Taco w/Scoops Or Turkey Pepperoni Pizza Refried Beans Fresh Fruit & Veggie Bar	Crispy Chicken on a Bun Or Rotini w/ Meat Sauce Roasted Squash Fresh Fruit & Veggie Bar	Bacon Cheeseburger Or Stuffed Crust Pizza Oven Fries Fresh Fruit & Veggie Bar	**Spicy Chicken Strips Or Soft Shell Zesty Tacos Refried Beans Fresh Fruit & Veggie Bar	**Broccoli & Cheese Potato Or Pizza Dippers w/ Dipping Sauce Fresh Fruit & Veggie Bar
18 <b>Shamrock Cookie</b>	19	20	21	22
Turkey Hot Dog Or Chicken Sandwich BBQ Veggie Beans Fresh Fruit & Veggie Bar	Grilled Cheeseburger Or Meatball Sub on a Roll Oven Fries Fresh Fruit & Veggie Bar	**Chicken Tenders Or Turkey Pepperoni Pizza Steamed Broccoli Fresh Fruit & Veggie Bar	Taco Pasta Or **Chicken Nuggets Steamed Mixed Veggie Fresh Fruit & Veggie Bar	Fish Patty Sandwich Or Fiesta Nachos w/ Toppings Fresh Fruit & Veggie Bar
25	26	27	28	29

**Lunch**  
(Milk Included with Meal)  
**0.00**

**Milk Only**  
**\$0.55**  
A Variety of Milk Is Offered Daily

Questions about the menu?  
 Amber Rumsfeld  
[rumsfelda@D83.org](mailto:rumsfelda@D83.org)  
 847-451-2700

For more information or to "Ask the Dietitian", check out our website!




**Available Daily:**  
 Sun Butter & Jelly Sandwich  
 Ham & Cheese Sandwich  
 Chef Chicken Salad

(\*) Contains Pork  
 (\*\*) Served With a Roll  
 Menu changes are occasionally necessary. Notice will be given when possible.

