## **Staff Dress Code Guidelines**

## **Dress for Success**

Research reveals that the clothing worn by staff members affects the work, attitude, and discipline of students. You dress for four main effects:

- 1. Respect
- 2. Credibility
- 3. Acceptance
- 4. Authority

The effective staff member uses these four traits as assets in relating to students, peers, administrators, parents, and the community. If you have these four traits, you have a much greater chance of influencing young people to learn than someone who lacks these four traits.

"Clothing may not make a person, but it can be a contributing factor in unmaking a person. Whether we want to admit it, our appearance affects how we are perceived and received in definite ways. Clothing has nothing to do with students liking a staff member. But clothing definitely has an effect on students' respect for a staff member, and respect is what a staff member must have if learning is to take place."

The above is from Harry Wong in his chapter entitled "How to Dress for Success" from his book *The First Days of School*.

## Modesty and Grooming

Modesty and grooming are important factors contributing to professional dress for school personnel. Staff should refrain from:

- Bare midriffs
- Tube or tank tops
- Spaghetti straps
- Frayed, holey, or shredded clothes (faded)
- Visible undergarments
- Visible cleavage
- Inappropriate skirt length
- Sweatpants and shorts (unless job appropriate)
- Shower or beach style shoes

## Jeans

• Jeans are not to be worn. For events (such as outdoor education) where an employee feels jeans are appropriate, the employee is expected to discuss the event with his/her building principal before wearing them to work.

The above list is not all-inclusive. If a District 83 administrator deems that a staff member is not appropriately or professionally attired for the performance of duties within

an educational environment, he/she reserves the right to discuss the matter with that individual and request that the offending inappropriate attire not be worn again.

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