








JANUARY 2018 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
NO SCHOOL	NO SCHOOL	NO SCHOOL	CHEF'S CHOICE	HAM TORTA Sun Chips 1 oz. Baby Carrots 1/4 Grapes 1/2 
			1% Milk/Fat Free Chocolate Milk	1% Milk/Fat Free Chocolate Milk
8	9	10	11	12
CHICKEN QUESADILLAS Rice w/ vegetables Pinto Beans 1/2 Apple Slices 1/2 1% Milk/Fat Free Chocolate Milk	PICADILLO w/VEGETABLES 1/4 Fideo Refried Beans 1/2 Fruit Cocktail 1/2 Corn Tortillas 2oz 1% Milk/Fat Free Chocolate Milk	MAC & CHEESE Dark Green Garden Salad 1/4 Fresh Baby Carrots 1/2 Orange Slices 1/2 1% Milk/Fat Free Chocolate Milk	CHICKEN SANDWICH Baby Carrots w/Ranch Dressing 1/4 Chips Orange Slices 1/2 1% Milk/Fat Free Chocolate Milk	HAM & CHEESE SANDWICH Broccoli Florets 1/2 Baby Carrots 1/4 Diced Peaches 1/2 1% Milk/Fat Free Chocolate Milk 
15	16	17	18	19
NO SCHOOL Martin Luther King	CHEESE NACHOS Dark Green Garden Salad 1/4 Nacho Rounds 2oz Pineapple 1/2 1% Milk/Fat Free Chocolate Milk	BAKED CHICKEN Potato Wedges 1/2 Carrots 1/4 Fruit Cocktail 1/2 Dinner Roll 1% Milk/Fat Free Chocolate Milk 	HOT DOGS Ranch Beans 1/2 Potato Wedges Diced Pineapple 1/2 1% Milk/Fat Free Chocolate Milk 	CHEESE BURGER Chips Lettuce & Tomatos Fruit Cocktail 1/2 1% Milk/Fat Free Choc Milk/Juice 
22	23	24	25	26
BEAN TOSTADAS Rice w/Vegetables 1/4 Lettuce & Tomato Orange Slices 1% Milk/Fat Free Chocolate Milk	MACARONI BOLOGNESA DK Green Garden Saled 1/4 Peas w/Carrots 1/4 Orange Slices 1/2 1% Milk/Fat Free Chocolate Milk	CHICKEN TENDERS Mash Potatos 1/2 Peas w/Carrots 1/4 Diced Peaches 1/2 1% Milk/Fat Free Chocolate Milk	GROUND BEEF BURRITOS (RICE & BEANS) DK Salad Diced Peaches 1/2 1% Milk/Fat Free Chocolate Milk 	GRILLED CHEESE SANDWICH Carrots 1/4 Potato Wedges 1/2 Pineapple 1/2 1% Milk/Fat Free Chocolate Milk
29	30	31		
BEEF TACOS Rice w/Vegetables 1/4 Lettuce & Tomato Melon 1/2 1% Milk/Fat Free Chocolate Milk 	CHICKEN SPAGUETTI with ALFREDO SAUCE Dark Green Garden Salad 1/4 Dinner Rolls Slices 1/2 1% Milk/Fat Free Chocolate Milk	LASAGNA (Ground Meat) Green Beans 1/2 Dark Green Garden Salad 1/4 Garlic Toast Applesauce 1/2		

All menus meet recommended dietary guidelines and *may change due to product availability and customer satisfaction*

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