







SEPTEMBER 2019 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL LABOR DAY	HOT DOGS Ranch Beans Corn on Cob Fresh Fruit  1% Milk/Fat Free Choc Milk/Juice	MAC & CHEESE Green Beans Baby Carrots Fresh Fruit Wheat Dinner Roll 1% Milk/Fat Free Choc Milk/Juice	CHICKEN TENDERS White Rice DK Salad Fresh Fruit 1% Milk/Fat Free Choc Milk/Juice	MACARONI with MEAT DK Green Garden Saled Peas w/Carrots Orange Slices Wheat Dinner Roll 1% Milk/Fat Free Chocolate Milk
9	10	11	12	13
CHEESE NACHOS Pinto Beans Garden Salad Nacho Rounds Fresh Fruit 1% Milk/Fat Free Choc Milk/Juice	BEAN TOSTADAS Rice w/Vegetables Pinto Beans Fresh Fruit 1% Milk/Fat Free Choc Milk/Juice	BAKED CHICKEN Mashed Potatoes w/Gravy Green Beans Fresh Fruit  1% Milk/Fat Free Choc Milk/Juice	HAM & CHEESE CROISSANT Baby Carrots Lettuce & Tomatos Chips Fresh Fruit 1% Milk/Fat Free Chocolate Milk	GRILLED CHEESE SANDWICH Pinto Beans Potato Wedges Spring Salad Fresh Fruit 1% Milk/Fat Free Chocolate Milk
16	17	18	19	20
MOYETES Beans and White Cheese Sun Chips Baby Carrots Fresh Fruit 1% Milk/Fat Free Chocolate Milk	BEEF TACOS Rice w/Vegetables Refried Beans Orange Slices  1% Milk/Fat Free Chocolate Milk	CHICKEN TENDERS White Rice DK Salad Fresh Fruit 1% Milk/Fat Free Chocolate Milk	HAM & CHEESE SANDWICH Baby Carrots Corn on Cob Diced Pineapple  1% Milk/Fat Free Chocolate Milk	CHEESE BURGER French Fries Lettuce & Tomatos Fruit Cocktail  1% Milk/Fat Free Chocolate Milk
23	24	25	26	27
CHICKEN FINGERS Mashed Potatoes w/Gravy Broccoli Florets Applesauce 1% Milk/Fat Free Chocolate Milk	CHICKEN FAJITAS Rice with Vegetables Charro Beans Corn Tortillas Fresh Fruit 1% Milk/Fat Free Choc Milk/Juice	BEEF TACO SALAD Kernal Corn Lettuce & Tomatos Baby Carrots Fresh Fruit 1% Milk/Fat Free Chocolate Milk	PEPPERONI PIZZA Dk Green Garden Salad Broccoli Florets Diced Peaches  1% Milk/Fat Free Chocolate Milk	NO SCHOOL STUDENT'S FAIR DAY 1% Milk/Fat Free Chocolate Milk

All menus meet recommended dietary guidelines and *may change due to product availability and customer satisfaction*

In accordance with federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age or disability, to file a complaint of discrimination, write USDA, Director, office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9400 or call (800) 795-3272 or (201) 720-6382