

# Illinois School Health Record Requirements 2019-2020

## Physical Requirements:

### 9th graders

- Incoming freshmen students must submit a physical examination (dated within 12 months of the first day of school) with required immunizations at the time of registration. This physical will be acceptable for participation in athletics for one year plus 30 days from the date of the physical. Students may not participate in interscholastic sports or team practice until they have filed a physical with the athletic office.
- Sport physicals cannot be accepted as the required freshman physicals.

Any 9th grade student not in compliance with the physical and immunization requirements will be excluded from school beginning October 15th until the correct information is submitted to the nurse's office.

NEW for 2019-2020 School Year: All 9th graders are required to have a dental exam. Proof of the exam may be submitted to the Nurse's Office anytime during the student's 9th grade year.

### Transfer students (Grades 10, 11, 12)

#### From an Illinois High School:

- Students must present a copy of their 9th grade physical, or more current complete physical, with updated immunizations, at the time of registration. A sport physical does not meet this requirement.

#### From another state or military base:

- Students must present a copy of their high school physical with updated immunizations at the time of registration. If the previous high school did not require a physical, the students have 30 days to complete the Illinois state requirement. The physical must be completed on the Illinois state form. A sport physical does not meet this requirement.
- OR: If submitting a prior physical, the physical exam must have been completed/dated within 12 months of the first day of school for the new student, and the form submitted must contain all required parts of the Illinois state form. A sport physical does not meet this requirement.
- Must complete an Illinois Eye Exam Form obtained from the nurse.

#### From another country:

- The student has 30 days to complete the Illinois state requirements of a physical and updated immunizations. The physical must be completed on the Illinois state form. A sport physical does not meet this requirement.

- OR: If submitting a prior physical, the physical exam must have been completed/dated within 12 months of the first day of school for the new student, and the form submitted must contain all required parts of the Illinois state form. A sport physical does not meet this requirement.
- Must complete an Illinois Eye Exam form found on GCHS Nurse's webpage.

The following immunizations are required for all high school students in accordance with The Illinois School Code and Illinois Department of Public Health:

- Diphtheria-Tetanus-Pertussis (DTaP): Three or more doses of DPT or DT with the last dose being a booster on or after the 4<sup>th</sup> birthday.
- Tetanus-diphtheria-pertussis (Tdap): One dose regardless of the interval since last DTaP, DT, or Td.
- Poliomyelitis (OPV or IPV): Primary series of two or three doses, plus one booster after the 4<sup>th</sup> birthday.
- Measles, Mumps, and Rubella (MMR): Two doses: the first dose must be on or after the first birthday and the second dose no less than one month later. Laboratory evidence of immunity is acceptable.
- Hepatitis B Series: Series of three injections. 28 days between first dose & second dose; two months between second dose & third dose; four months between first dose & third dose. Laboratory evidence of immunity is acceptable.
- Varicella (chicken pox): Two doses required, the first dose must be on or after the first birthday and the second dose no less than one month later. or must show proof of disease with date, verified by physician. Laboratory evidence of immunity is acceptable.
- Meningococcal (MCV4, Menveo, Menactra): One dose required for 9<sup>th</sup> & 10<sup>th</sup> grades. Two doses required for 12<sup>th</sup> grade. First dose on or after 11<sup>th</sup> birthday, and second dose on or after 16<sup>th</sup> birthday. Only 1 dose required if first dose is on or after 16<sup>th</sup> birthday.

The following immunizations are recommended but not required:

- Hepatitis A: Series of two injections, six months apart.
- Tuberculosis (TB) skin test: Not a vaccine (the Mantoux method)
- HPV (Human papillomavirus): Ages 9-14: Series of 2 injections, 6 months apart. Age 15 and older: Series of 3 injections, 2<sup>nd</sup> injection 2 months after 1<sup>st</sup> dose, and 3<sup>rd</sup> months after 1<sup>st</sup> dose.
- Meningococcal B (Bexsero, Trumenba): Different vaccine than MCV4 (Menveo, Menactra). Can not be used for the mandated MCV4 requirement.
- Influenza Vaccination: CDC recommends a yearly flu vaccine. The vaccine can reduce flu illness, doctor visits and missed school due to flu as well as preventing hospitalization.