

Post-Secondary Options



Year Up Chicago is a **FREE** one-year, intensive training program that provides young adults, ages 18-24. Students take coursework eligible for college credit, earn an educational stipend, and are supported by staff advisors, professional mentors, dedicated social services staff, and a powerful network of community-based partners.

PHONE: 312.726.5300 www.yearup.org

The Chicagoland Regional College Program pays you and pays for college by combining a part-time job at UPS with tuition support at any of our 7 partner colleges and universities and affiliate institutions.

PHONE: 708.387.2600 www.crcprogram.com



GREENCORPS
CHICAGO

Greencorps Chicago is a **PAID** job training program focused on preparing participants for successful employment in fields of ecological restoration, green infrastructure, tree care, and landscaping.

<https://greencorpschicago.org/> PHONE: 312.746.9777

JARC's Careers in Manufacturing Programs provide **FREE** job training and job placement services that can help you find employment in the manufacturing sector with skills in Computer Numerical Control (CNC), welding, and more.

PHONE: 773.728.9769 www.jane-addams.org



JANE
ADDAMS
RESOURCE
CORPORATION

FREE Work force training programs in Shipping & Receiving or Wood Products Manufacturing.

<http://gwtp.dreamhosters.com/beta/>



Chicago Women in Trades (CWIT) works for women's economic equity by increasing participation in well-paid, skilled jobs traditionally held by men and by eliminating barriers that prohibit women from entering and succeeding in these fields. We work to increase training for women and girls to enter nontraditional jobs; and advocate for policies and practices that support women's access to and retention in skilled training and jobs.

PHONE: 312.942.1444 www.chicagowomenintrades2.org





CHICAT

CHICAT provides **FREE** industry-driven training in: Advanced Manufacturing, Lab/Quality Control Tech and Health Information Technology. CHICAT works with leading employers in each of these fields to inform its training, partner with curriculum developers, and hire training graduates. Programs last 3 to 9 months

PHONE: 312.733.1701 www.chicat.org

Instituto del Progreso Latino provides **FREE** workforce development programs. Career pathways include in Nursing, Manufacturing and Retail. Programs last from 3 to 9 months.

PHONE: 773.890.0055 www.institutochicago.org



Chicago's Community Kitchens is a **FREE** 14-week job training program. Students gain hands-on experience in a variety of culinary techniques as they prepare lunch every day and participate in catering opportunities. Students complete 12 weeks of training in our modern industrial kitchen, followed by a two-week internship in a local foodservice job. **PHONE: 773.843.5414**

<https://www.chicagosfoodbank.org/chicagos-community-kitchens/>

Inspiration Kitchens helps individuals over the age of 18 interested in learning to cook professionally and get the skills they need to build a career in the culinary industry. Our 12 week training program is **FREE**. You can earn both your food handler and sanitation manager certificates and job placement services.

www.inspirationkitchens.org **PHONE: 773.801.1110**



Marriott Foundation for People with Disabilities, Bridges from School to Work engages employers, schools, community resources, youth and their families to help businesses meet their workforce needs while offering young people with disabilities the opportunity to learn, grow and succeed through employment.



PHONE: 312.432.6240 www.bridgestowork.org