

2018 12th Annual

BRONCO 5K

& Kid's Fun Run

Wednesday, July 4th 2018 @ Falls High School Track, 1515 11th Street, Int'l Falls

8:00am – 5K Race Starts (race day registration begins at 7:15 am)

9:00am (Approx.) – Kids Fun Run, 400m and 800m

\$20

If Preregistered by Monday, June 18th...

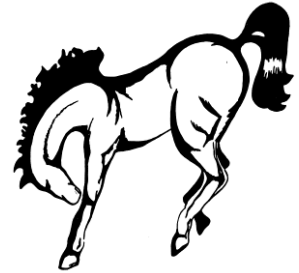
5K Run/Walk **\$20.00 with t-shirt**, \$ 12.00 without t-shirt
Ages 10 and under...**\$15.00 if preregistered by June 18th!!**

Race Day...

5K Race/Walk **without shirt - \$20.00** no shirts available on race day

Kids Fun Run is FREE

T-shirts can be ordered for kids (\$8.00) but the order must be turned in by June 18th.



***Pre-registered participants can pick up bib numbers and t-shirts at the track on Tuesday, July 3rd between 5-7pm. You can also register for the race from 5-7pm on July 3rd.*

Pre-Registration: Mail registrations to **Jen Erickson, 344 County Road 24, Int'l Falls, MN 56649** or drop them off at the Falls High School main office (7am-3pm)...Attention Jen Erickson. Please make checks payable to Bronco Track Boosters. Entry fees are non-refundable. Proceeds benefit the Bronco Track & Field Teams.

Race Course: Starts at the entrance to the track, goes along 11th street to Kerry Park Arena and loops back to Falls High School, ending with a lap on the track. Maps will be provided and the course will be well marked. Maps will also be emailed to those who pre-register...same course as 2017. The Kids Fun Run will be held on the track with a choice of a 400m or 800m run.

Categories/Awards: Male and Female Ages 5-10, 11-14, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and older. All participants in the Kid's Fun Run will receive a ribbon. Post race refreshments available. Results/awards presented following the kids race and available at www.northlandrunner.com.

Questions: Jen Erickson 218-324-0221, jlerrickson13@gmail.com

Registration Forms found at www.northlandrunner.com, www.isd361.k12.mn.us on the FHS sports page, FHS Community Education Office, Falls High School Main Office or Snap Fitness

Name _____

Address _____ City _____ State _____ ZipCode _____

Phone () _____ Gender F _____ M _____ Age on Race Day _____

Adult T-shirt size: S _____ M _____ L _____ XL _____ XXL _____

Youth size t-shirt: S _____ M _____ L _____

Email address _____

Check Race : 5K _____ Kids Fun Run _____

I am entering this event at my own risk and assume all risk and responsibility for injuries I may incur as a direct or indirect result of my participating in this event. I, for myself, heirs, and executors, also agree not to hold any and all participating sponsors and supporters and the directors, employees, and agents of such parties responsible for any claims. I verify that I have full knowledge of the risks involved in this event.

Signature _____ Date _____

Parental signature if under 18 years _____