



# Snack Menu

## October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Cinnamon Toast Crunch 1% Milk	<b>2</b> Heartzels Apple Juice	<b>3</b> Apple Slices Strawberry Banana Yogurt	<b>4</b> Saltine Crackers Cheddar Cheese Cubes
<b>7</b> Columbus Day  No School	<b>8</b> Sunchips Harvest Mix String Cheese	<b>9</b> Cinnamon Toast Crunch Cereal Bar 1% Milk	<b>10</b> Banana Muffin 1% Milk	<b>11</b> Goldfish Crackers Apple Slices
<b>14</b> Fruity Cheerios Cereal Bar 1% Milk	<b>15</b> Snack Mix Apple Juice	<b>16</b> Apple Slices String Cheese	<b>17</b> Animal Crackers Banana	<b>18</b> Saltine Crackers Cheddar Cheese Cubes
<b>21</b> Baby Carrots w/ Ranch Apple Juice	<b>22</b> Fresh Apple Strawberry Banana Yogurt	<b>23</b> Chocolate Chip Muffin 1% Milk	<b>24</b> Goldfish Crackers String Cheese	<b>25</b> Saltine Crackers Cheddar Cheese Cubes
<b>28</b> Baked Cheetos Fruit Juice	<b>29</b> Cocoa Puff Cereal 1% Milk	<b>30</b> Mixed Berry Applesauce Animal Crackers	<b>31</b> Celery Sticks w/ Sunbutter Raisins	<b>1</b> Blueberry Muffin 1% Milk

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*Did you know?*

Strawberries and raspberries are the only fruits that wear their seeds on the outside!

Menus are subject to change without notice.

