



Elementary Breakfast

October 2019

<p>Mixed Berry French Toast w/ Syrup</p> <p>Apple Cinnamon Muffin String Cheese</p> <p>Apple Orange Wedges Apple Juice</p>	<p>1</p> <p>Blueberry Waffles w/ Syrup</p> <p>Golden Grahams Cereal Bar Chocolate Muffin Trix Yogurt</p> <p>Apple Mandarin Oranges Fruit Juice</p>	<p>2 Breakfast Club</p> <p>Strawberry Splash Pancakes</p> <p>Cocoa Puff Cereal Bar Banana Muffin String Cheese</p>  <p>Apple Banana Orange Juice</p>	<p>3</p> <p>Egg & Cheese Biscuit</p> <p>Cinnamon Toast Crunch Cereal Bar Blueberry Muffin Trix Yogurt</p> <p>Apple Banana Fruit Juice</p>	<p>4 Donut Friday</p> <p>Vanilla Glazed Donut</p> <p>Fruity Cheerios Cereal Bar Apple Cinnamon Muffin String Cheese</p> <p>Apple Grapes Apple Juice</p>
<p>7 Manic Monday</p> <p>Cinnamon Roll Crunch Mania</p> <p>Strawberry Cheerios Cereal Bar Blueberry Poptart String Cheese</p> <p>Apple Orange Wedges Apple Juice</p>	<p>8</p> <p>Sausage, Egg & Cheese Sandwich</p> <p>Golden Grahams Cereal Bar Strawberry Poptart Trix Yogurt</p> <p>Apple Mandarin Oranges Fruit Juice</p>	<p>9</p> <p>Mini Cinni Roll</p> <p>Cocoa Puff Cereal Bar Fudge Poptart String Cheese</p> <p>Apple Orange Orange Juice</p>	<p>10</p> <p>French Toast Sticks w/ Syrup</p> <p>Cinnamon Crunch Cereal Bar Strawberry Poptart Trix Yogurt</p> <p>Plum Banana Fruit Juice</p>	<p>11 Donut Friday</p> <p>Maple Glazed Donut</p> <p>Fruity Cheerios Cereal Bar Blueberry Poptart String Cheese</p> <p>Apple Grapes Apple Juice</p>
<p>14 Columbus Day</p> <p><i>No School</i></p>	<p>15</p> <p>Sausage & Cheese Bagel</p> <p>Golden Grahams Cereal Bar Chocolate Muffin Trix Yogurt</p> <p>Apple Mandarin Oranges Fruit Juice</p>	<p>16</p> <p>Chocolate Crescent Roll</p> <p>Cocoa Puff Cereal Bar Banana Muffin String Cheese</p> <p>Apple Orange Orange Juice</p>	<p>17</p> <p>Apple Frudel</p> <p>Cinnamon Crunch Cereal Bar Blueberry Muffin Trix Yogurt</p> <p>Plum Banana Fruit Juice</p>	<p>18 Donut Friday</p> <p>Vanilla Glazed Donut</p> <p>Scooby Doo Grahams Apple Cinnamon Muffin</p> <p>Apple Grapes Apple Juice</p>
<p>21 Manic Monday</p> <p>French Toast Crunch Mania</p> <p>Strawberry Cheerios Cereal Bar Blueberry Poptart String Cheese</p> <p>Apple Orange Wedges Apple Juice</p>	<p>22</p> <p>Sausage Breakfast Pizza</p> <p>Golden Grahams Cereal Bar Strawberry Poptart Trix Yogurt</p> <p>Apple Mandarin Oranges Fruit Juice</p>	<p>23</p> <p>Cherry Frudel</p> <p>Cocoa Puff Cereal Bar Fudge Poptart String Cheese</p> <p>Apple Orange Orange Juice</p>	<p>24</p> <p>Strawberry Crunch Bagel</p> <p>Cinnamon Crunch Cereal Bar Strawberry Poptart Trix Yogurt</p> <p>Plum Banana Fruit Juice</p>	<p>25 Donut Friday</p> <p>Powdered Sugar Donut</p> <p>Fruity Cheerios Cereal Bar Blueberry Poptart String Cheese</p> <p>Apple Grapes Apple Juice</p>
<p>28</p> <p>Cinnamon Crunch Bagel</p> <p>Strawberry Cheerios Cereal Bar Apple Cinnamon Muffin String Cheese</p> <p>Apple Orange Wedges Apple Juice</p>	<p>29</p> <p>Mini Cinni Roll</p> <p>Golden Grahams Cereal Bar Chocolate Muffin Trix Yogurt</p> <p>Apple Mandarin Oranges Fruit Juice</p>	<p>30</p> <p>Blueberry Waffles w/ Syrup</p> <p>Cocoa Puff Cereal Bar Banana Muffin String Cheese</p> <p>Apple Orange Orange Juice</p>	<p>31 Halloween</p> <p>Egg & Cheese Bagel</p> <p>Cinnamon Crunch Cereal Bar Blueberry Muffin Bug Bite Yogurt Parfait</p> <p>Plum Banana Grape Juice</p>	<p>1 Donut Friday</p> <p>Cinnamon Sugar Donut</p> <p>Fruity Cheerios Cereal Bar Apple Cinnamon Muffin String Cheese</p> <p>Apple Grapes Apple Juice</p>

Breakfast Price

Paid: \$1.25
Reduced: \$0.30
Milk: \$0.50



Nutrition Questions?

Check out epcusd.schoolish.com to find out more about our menus and nutritional content!