



Elmwood Park High School Lunch Menu

October 1st-4th

Monday

Cheese Quesadilla w/ BBQ Crema
Taco Flatbread

Tuesday

Bean & Cheese Burrito
BBQ Cheddar Chicken Sandwich

Wednesday

Black Pepper Ranch & Parmesan Burger
Chicken Pot Pie

Thursday

General Tso Chicken Bowl w/ Yellow Rice
Parmesan Meatball Sub

Friday

Mini Corn Dogs
Mozzarella Sticks w/ Pizza Sauce

Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Mac & Cheese Pizza

Cheese Pizza
Hawaiian Pizza

Cheese Pizza
Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Seasoned Refried Beans

Nachos
Black Beans

Nachos
Seasoned Refried Beans

Nachos
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Egg Chef Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Buff Chicken Ranch Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Turkey Chef Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Greek Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Baja Chicken Salad w/ Roll
Deli Express Mobile Order

Tater Tots
Cucumber Slices
Broccoli Florets

Apple
Orange
Apple Juice

Seasoned Waffle Fries
Seasoned Corn
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Crispy Shoe String Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Grape Juice

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Tater Tots
Garlic Mashed Potatoes
Cucumber Tomato Salad

Grapes
Banana
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

October 7th-11th

Monday

BBQ Roasted Drumstick w/
Cinnamon Biscuit

Cheddar Bacon Frittata w/
Cinnamon Biscuit

Tuesday

Sweet & Sour Broccoli
Chicken Bowl w/ Rice

BBQ Pork Rib Slaw
Sandwich

Wednesday

Teriyaki Veggie Chicken
Sandwich

Buffalo Chicken Pizza Cup

Thursday

Mac & Cheese w/ Roll

Chicago Style Hot Dog

Friday

Cinnamon Roll or
Apple Frudel

w/ Scrambled Eggs and
Chicken Sausage

Pizza:

Cheese Pizza

Pepperoni Pizza

Cheese Pizza

Meat Lover Pizza

Cheese Pizza

Pepperoni Pizza

Cheese Pizza

Spicy Chicken
Pizza

Cheese Pizza

Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty

Chicken Patty

Cheeseburger

Turkey Swiss Melt

Chicken Tenders w/ FB

Spicy Chicken Patty

Chicken Patty

Cheeseburger

Grilled Cheese w/ Soup

Chicken Nuggets

Spicy Chicken Patty

Chicken Patty

Cheeseburger

Turkey Melt

Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty

Chicken Patty

Cheeseburger

Grilled Cheese w/ Soup

Chicken Nuggets

Spicy Chicken Patty

Chicken Patty

Cheeseburger

Turkey Cheddar Melt

Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Pineapple Chicken
Tacos

Nachos
Taco
Burrito
Seasoned Refried Beans

Pineapple Chicken
Tacos

Nachos
Taco
Burrito
Black Beans

Pineapple Chicken
Tacos

Nachos
Taco
Burrito
Seasoned Refried Beans

Pineapple Chicken
Tacos

Nachos
Taco
Burrito
Kickin' Pinto Beans

Pineapple Chicken
Tacos

Fuel
Week

Deli Station:

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Egg Chef Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Tuna Salad Platter w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Apple & PB Pack w/ Pretzel
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Chicken Salad Platter w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Fruit & Cheese Plate w/ Pretzel
Deli Express Mobile Order

Tater Tots
Cucumber Slices
Warm Cinnamon Peaches

Orange
Plum
Apple Juice

Seasoned Waffle Fries
Seasoned Corn
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Orange Juice

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Tater Tots
Warm Cinnamon Peaches
Cucumber Tomato Salad

Banana
Grapes
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

October 14th- 18th



Questions?

Please contact the food service director at 708-583-5463 or visit our food service page on the district website



BBQ Pork Rib w/ Slaw

Teriyaki Veggie Chicken

Buff Chicken Pizza Cup

Chicago Style Hot Dog

Cinnamon Roll

Chicken Pot Pie

Tuesday

Chicken Parmesan
Barbecue Burger

Cheese Pizza
Barbecue Chicken Pizza

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Nachos
Taco
Burrito
Seasoned Refried Beans

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Tuna Salad Platter w/ Roll
Deli Express Mobile Order

Seasoned Waffle Fries
Seasoned Corn
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Wednesday

Chili Mac
Mac & Cheese

Cheese Pizza
Sausage Pizza

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Nachos
Taco
Burrito
Black Beans

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Apple & PB Pack w/ Pretzel
Deli Express Mobile Order

Crinkle Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Orange Juice

Thursday

Waffle Bar
Apple Pie Filling
Sugar Cookie Crumble
Whipped Topping
Syrup
Chicken Sausage

Cheese Pizza
Meat Lover's Pizza

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Nachos
Taco
Burrito
Seasoned Refried Beans

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Chicken Salad Platter w/ Roll
Deli Express Mobile Order

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Friday

Honey Mustard Chicken Sandwich
Chicken & Cheese Quesadilla

Cheese Pizza
Pepperoni Pizza

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ Garlic Toast

Nachos
Taco
Burrito
Kickin' Pinto Beans

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Fruit & Cheese Plate w/ Pretzel
Deli Express Mobile Order

Tater Tots
Zesty Orange Carrots
Cucumber Tomato Salad

Grapes
Banana
Apple Juice

Lunch Price

Paid: \$3.00

Reduced: \$0.40

Milk: \$0.50





Elmwood Park High School Lunch Menu

October 21st- 25th

Monday

Chili
or
Regular Hot Dog

Tuesday

Powered Sugar French
Toast Sticks or Pancakes
w/ Cheddar Scrambled
Eggs

Wednesday

Meatball Calzone
Meatball Pizza Sub

Thursday

General Tso Chicken Bowl
w/ Cilantro Rice
Bacon Cheeseburger

Friday

Chicken Bacon Ranch
Flatbread Club
Mini Corn Dogs

Specialty Pizza:

Cheese Pizza
Jalapeno
Pepperoni Pizza

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Sausage Pizza

Cheese Pizza
Buffalo Chicken
Pizza

Vegetable Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Black Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Tuna Salad Platter w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Buff Chicken Ranch Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Turkey Chef Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Greek Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Baja Chicken Salad w/ Roll
Deli Express Mobile Order

Tater Tots
Cucumber Slices
Broccoli Florets

Orange
Plum
Apple Juice

Seasoned Waffle Fries
Warm Cinnamon Peaches
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Orange Juice

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Tater Tots
Zesty Orange Carrots
Cucumber Tomato Salad

Grapes
Banana
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

October 28th- November 1st

Monday

Salisbury Steak w/
Rosemary Brown Gravy or
Ovenroasted Chicken
Drumstick w/ Roll

Tuesday

Chipotle Cheeseburger

Chicken Sausage &
Cheddar Frittata w/
Cinnamon Biscuit

Wednesday

Egg Fried Rice w/ Popcorn
Chicken

Three Cheese Melt w/
Tomato Soup

Thursday

Vegetarian Chipotle Bean
Chili

Jalapeno Cheddar Salsa
Burder

Friday

Mozzarella Sticks w/
Pizza Sauce

Bean, Cheese, and
Beef Burrito

Specialty Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Taco Pizza

Cheese Pizza
Hawaiian Pizza

Cheese Pizza
Chicken Parmesan
Pizza

Cheese Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Black Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Egg Chef Salad w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Tuna Salad Platter w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Apple & PB Pack w/ Pretzel
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Chicken Salad Platter w/ Roll
Deli Express Mobile Order

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Fruit & Cheese Plate w/ Pretzel
Deli Express Mobile Order

Tater Tots
Cucumber Slices
Broccoli Florets

Orange
Plum
Apple Juice

Seasoned Waffle Fries
Warm Cinnamon Peaches
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Orange Juice

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Tater Tots
Zesty Orange Carrots
Cucumber Tomato Salad

Grapes
Banana
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50

