



Elmwood Park High School Lunch Menu

October 28th- November 1st

Monday

Swedish Meatballs w/
Rosemary Brown Gravy or
Ovenroasted Chicken
Drumstick w/ Roll

Tuesday

Chipotle Cheeseburger
Chicken Sausage &
Cheddar Frittata w/
Cinnamon Biscuit

Wednesday

Egg Fried Rice w/ Popcorn
Chicken
Three Cheese Melt w/
Tomato Soup

Thursday

Vegetarian Chipotle Bean
Chili
Jalapeno Cheddar Salsa
Burder

Friday

Mozzarella Sticks w/
Pizza Sauce
Bean, Cheese, and
Beef Burrito

Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Taco Pizza

Cheese Pizza
Hawaiian Pizza

Cheese Pizza
Chicken Parmesan
Pizza

Cheese Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Black Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Egg Chef Salad w/ Roll

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Tuna Salad Platter w/ Roll

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Apple & PB Pack w/ Pretzel

Peanut Butter & Jelly
Turkey & Cheese Sub
T. Ham & Cheese Sub
Chicken Salad Platter w/ Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Fruit & Cheese Plate w/ Pretzel

Tater Tots
Cucumber Slices
Broccoli Florets

Orange
Plum
Apple Juice

Seasoned Waffle Fries
Warm Cinnamon Peaches
Red Pepper Strips

Mixed Berry Applesauce
Watermelon
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Cantaloupe
Banana
Orange Juice

Seasoned Waffle Fries
Steamed Green Beans
Baby Carrots

Plum
Banana
Fruit Juice

Tater Tots
Zesty Orange Carrots
Cucumber Tomato Salad

Mandarin Oranges
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

November 4th-8th

Monday

Cheese Quesadilla w/ BBQ Crema
Taco Flatbread

Tuesday

Bean & Cheese Burrito
BBQ Cheddar Chicken Sandwich

Wednesday

Black Pepper Ranch & Parmesan Burger
Chicken Pot Pie

Thursday

General Tso Chicken Bowl w/ Yellow Rice
Parmesan Meatball Sub

No School



Questions?

Please contact the food service director at 708-583-5463 or visit our food service page on the district website

Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Mac & Cheese Pizza

Cheese Pizza
Hawaiian Pizza

Cheese Pizza
Buffalo Chicken Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Spicy Popcorn Chicken Salad w/ Soft Pretzel Rod

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Apple Peanut Butter Pack w/ Soft Pretzel

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Tater Tots
Cucumber Slices
Mashed Potatoes

Pineapple
Apple Juice

Crispy Waffle Fries
Seasoned Corn
Red Pepper Strips

Red Apple
Strawberry Craisins
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Watermelon Craisins
Orange Juice

Crispy Waffle Fries
Steamed Green Beans
Baby Carrots

Cinnamon Applesauce
Banana
Fruit Juice



Teriyaki Veggie Chicken
Buff Chicken Pizza Cup
Chicago Style Hot Dog
Meatball Calzone
Chicken Pot Pie

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

November 11th-15th

Monday

Chicken Bacon Ranch
Flatbread
Corn Dog

Tuesday

Sweet & Sour Broccoli
Chicken Bowl w/ Rice
BBQ Pork Rib Slaw
Sandwich

Wednesday

Teriyaki Veggie Chicken
Sandwich
Buffalo Chicken Pizza Cup

Thursday

Mac & Cheese w/ Roll
Chicago Style Hot Dog

Friday

Cinnamon Roll
w/ Scrambled Eggs and
Chicken Sausage

Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Meat Lover Pizza

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Spicy Chicken
Pizza

Cheese Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Spicy Popcorn Chicken Salad w/
Soft Pretzel Rod

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Apple Peanut Butter Pack w/ Soft
Pretzel

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Fruit & Cheese Plate w/ Pretzel

Fresh Sides:

Tater Tots
Mashed Potatoes
Cucumber Slices
Pineapple
Apple Juice

Crispy Waffle Fries
Seasoned Corn
Red Pepper Strips
Red Apple
Strawberry Craisins
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks
Watermelon Craisins
Orange Juice

Crispy Waffle Fries
Steamed Green Beans
Baby Carrots
Cinnamon Applesauce
Banana
Fruit Juice

Tater Tots
Warm Cinnamon Apples
Cucumber Tomato Salad
Mandarin Oranges
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

November 18th-22nd

Monday

Mozzarella Sticks w/ Sauce
Bacon Cheeseburger

Tuesday

Chicken Parmesan
Barbecue Burger

Wednesday

Chili Mac
Mac & Cheese

Thursday

Waffle Bar
Apple Pie Filling
Sugar Cookie Crumble
Whipped Topping
Syrup
Chicken Sausage

Friday

Honey Mustard Chicken Sandwich
Chicken & Cheese Quesadilla

Specialty Pizza:

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Barbecue Chicken Pizza

Cheese Pizza
Sausage Pizza

Cheese Pizza
Meat Lover's Pizza

Cheese Pizza
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Melt
Spicy Popcorn Chicken w/ FB

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Cheddar Melt
Boneless Wings w/ Garlic Toast

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Nachos
Taco
Burrito
Seasoned Refried Beans

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Spicy Popcorn Chicken Salad w/ Soft Pretzel Rod

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Apple Peanut Butter Pack w/ Soft Pretzel

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Fruit & Cheese Plate w/ Pretzel

Tater Tots
Cucumber Slices
Warm Cinnamon Apples

Pineapple
Apple Juice

Crispy Waffle Fries
Seasoned Corn
Red Pepper Strips

Red Apple
Strawberry Craisins
Fruit Juice

Crinkle Fries
Baked Beans
Celery Sticks

Watermelon Craisins
Orange Juice

Crispy Waffle Fries
Steamed Green Beans
Baby Carrots

Cinnamon Applesauce
Banana
Fruit Juice

Tater Tots
Zesty Orange Carrots
Cucumber Tomato Salad

Mandarin Oranges
Apple Juice

Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50





Elmwood Park High School Lunch Menu

November 25th-29th

Monday

Chili
or
Regular Hot Dog

Specialty Pizza:

Cheese Pizza
Jalapeno
Pepperoni Pizza

Daily Grill:

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Turkey Swiss Melt
Chicken Tenders w/ FB

Fresh Mex:

Nachos
Taco
Burrito
Kickin' Pinto Beans

Deli Station:

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Spicy Popcorn Chicken Salad w/
Soft Pretzel Rod

Tater Tots
Cucumber Slices
Mashed Potatoes

Pineapple
Apple Juice

Tuesday

Powered Sugar French
Toast Sticks or Pancakes
w/ Cheddar Scrambled
Eggs

Cheese Pizza
Pepperoni Pizza

Spicy Chicken Patty
Chicken Patty
Cheeseburger
Grilled Cheese w/ Soup
Chicken Nuggets w/ Roll

Nachos
Taco
Burrito
Seasoned Refried Beans

Peanut Butter & Jelly
Turkey & Swiss Sandwich
T.Ham & Cheese Sandwich
Tossed Salad w/ Cheese & Roll

Crispy Waffle Fries
Seasoned Corn
Red Pepper Strips

Red Apple
Strawberry Craisins
Fruit Juice

Thanksgiving Break



Lunch Price

Paid: \$3.00
Reduced: \$0.40
Milk: \$0.50

